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ORIGINAL RESEARCH

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Metabolic Response of Glioblastoma to Superselective Intra-Arterial Cerebral Infusion of Bevacizumab: A Proton MR Spectroscopic Imaging Study

BACKGROUND AND PURPOSE: SIACI of bevacizumab has emerged as a promising novel therapy in the treatment of recurrent GB. This study assessed the potential of ¹H-MRS as an adjunctive technique in detecting metabolic changes reflective of antiproliferative effects of targeted infusion of bevacizumab in the treatment of GB.

MATERIALS AND METHODS: Eighteen patients enrolled in a phase I/II study of SIACI of bevacizumab for treatment of recurrent GB were included. Concurrent MR imaging and ¹H-MRS scans were performed before and after treatment. Five distinct morphologic ROIs were evaluated for structural and metabolic changes on MR imaging and ¹H-MRS, which included enhancing, nonenhancing T2 hyperintense signal abnormality, and multiple control regions. Pre- and post-SIACI of bevacizumab peak areas for NAA, tCho, tCr, as well as tCho/tCr and tCho/NAA ratios, were derived for all 5 ROIs and compared using the Wilcoxon signed-rank test.

RESULTS: A significant median decrease of 25.99% (range -55.76 to 123.94; *P* = .006) in tCho/NAA was found post-SIACI of bevacizumab relative to pretreatment values in regions of enhancing disease. A trend-level significant median decrease of 6.45% (range -23.71 to 37.67; *P* = .06) was noted in tCho/NAA posttreatment in regions of nonenhancing T2-hyperintense signal abnormality.

CONCLUSIONS: The results of this ¹H-MRS analysis suggest that GB treatment with SIACI of bevacizumab may be associated with a direct antiproliferative effect, as demonstrated by significant reductions of tCho/NAA after the intervention.

ABBREVIATIONS: GB = glioblastoma; IA = intra-arterial; IDL = Interactive Data Language; Lac = lactate; PFS = progression-free survival; RANO = response assessment in neuro-oncology; SIACI = superselective intra-arterial cerebral infusion; tCho = total choline; tCr = total creatine

Glioblastoma (GB) is the most common malignant primary brain tumor. Despite an aggressive multimodal treatment approach that includes surgical resection and chemoradiation, median survival is limited to approximately 14 months.¹ In May 2009, intravenous administration of bevacizumab (Avastin; Genentech/Roche, South San Francisco, California) gained FDA approval and emerged at the forefront as a treatment option in the setting of recurrent GB.^{2,3} Bevacizumab is

a monoclonal antibody that is believed to function primarily as an anti-angiogenic agent through inhibition of vascular endothelial growth factor.⁴ To overcome associated systemic side effects, toxicity, and impedance of the blood-brain barrier, a delivery method based on transient blood-brain barrier disruption with mannitol and known as SIACI of bevacizumab, was recently described.^{5,6} This novel delivery technique of dose augmentation has demonstrated safe and promising phase I results and may provide a more targeted treatment strategy. A recently completed phase II trial of SIACI of bevacizumab for GB treatment has revealed efficacious outcomes.⁷

While treatment with bevacizumab produces dramatic decreases in MR imaging contrast enhancement, the degree to which this radiographic finding reflects an actual tumoricidal effect remains unclear. Although recognized to act as an anti-angiogenic agent, its concurrent reduction of abnormal tumoral vessel permeability, marked by improved regional edema, may also contribute to changes in enhancement features.⁸⁻¹¹ Furthermore, the extent of a true cytotoxic anti-glioma effect has yet to be elucidated at the molecular level. As a result, this complex interplay confounds the nonspecific relationship between enhancement and tumor burden; the extent to which changes in MR imaging enhancement features are attributable to anti-angiogenic effects, altered vessel characteristics, and/or tumor cell death remain to be established.

The inability of routine contrast-enhanced MR imaging to

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Table 1: Standardized neuroimaging protocol used in study

Pulse Sequence	Scan Parameters
T1WI 3-plane localizer	
Sagittal T1WI, FSE	TR/TE: 600 ms/minimum; FOV: 250 mm; 352 × 256; ST/gap: 5/0 mm; NEX: 1; ETL: 2; full echo
Axial T1WI, FSE	TR/TE: 425/20 ms; FOV: 220 mm; 352 × 224; ST/gap: 5 mm/0; NEX: 1; ETL: 2; full echo
Axial T2WI FLAIR	TR/TE: 9600/140 ms; FOV: 220 mm; 352 × 224; ST/gap: 5 mm/0; NEX: 1; full echo
Axial GRE	TR/TE: 635 ms/minimum; FOV: 220 mm; 320 × 224; ST/gap: 5 mm/0; NEX: 1; flip angle: 20°; full echo
Axial DWI, EPI	TR/TE: 8200 ms/minimum; FOV: 220 mm; 128 × 128; ST/gap: 5 mm/0; NEX: 1; no. of shots: 1; full echo
Axial T2WI FSE	TR/TE: 3167/85 ms; FOV: 220 mm; 416 × 256; ST/gap: 5 mm/0; NEX: 2; ETL: 23
Axial T1WI FSE, postcontrast	TR/TE: 425/20 ms; FOV: 220 mm; 352 × 224; ST/gap: 5 mm/0; NEX: 1; ETL: 2; full echo
Sagittal 3D spoiled GRE (BRAVO), postcontrast	TR/TE/TI: 450 ms/minimum/450 ms; FOV: 307 mm; 256 × 256 × 136; ST: 1.2 mm; NEX: 1; flip angle: 15°
Dynamic contrast-enhanced perfusion MRI, gradient-echo EPI	TR/TE: 2000 ms/minimum; FOV: 240 mm; 129 × 96; ST/gap: 5 mm/0; NEX: 1; no. of shots: 1; flip angle: 60°
Axial multisection ¹ H-MRS	TR/TE: 2300/280 ms; FOV: 240 mm; 20 × 20; ST/gap: 15/3.5 mm; NEX: 1; 4 sections, interleaved.

Note:—ETL indicates echo-train length; GRE, gradient-recalled echo; ST, section thickness.

differentiate between response, progression, and/or treatment effects has led to increased interest in evaluating ¹H-MRS as a complement to contrast-enhanced MR imaging in the evaluation of intracranial lesions.¹²⁻¹⁵ By measuring metabolite levels, rather than anatomic structure, MRS may provide information on the metabolic status of tumors and complement information on structural and signal abnormalities derived by MR imaging. Several studies evaluating MRS accuracy have indicated that it may serve as a powerful tool in assessing treatment effectiveness.^{12,14,15} Specifically, MRS studies have consistently documented elevated tCho and decreased NAA over time in patients with unsuccessful therapy outcomes, suggesting the value of these metabolites and their ratios as biomarkers of therapeutic response.

In the present study, we sought to assess the utility of brain metabolites, including tCho, NAA, tCr, lactate, and their ratios, measured by MRS in enhancing and nonenhancing components of GB after SIACI of bevacizumab, as biomarkers of therapeutic response. As prior studies have demonstrated tCho to decrease and NAA to stabilize or partially recover in primary CNS neoplasms after successful treatment,¹⁶ suggesting a tumoricidal mechanism, we hypothesize that a therapeutic response to SIACI of bevacizumab would be associated with decreased tCho/NAA ratios. To our knowledge, the utility of MRS in recurrent GB status post bevacizumab treatment, and particularly in patients receiving novel dose intensification with SIACI of bevacizumab following transient blood-brain barrier disruption with mannitol, has not been investigated.

Materials and Methods

Subjects

Eighteen adult patients from a larger ongoing serial phase I/II study of SIACI of bevacizumab were retrospectively studied with approval of the institutional review board.⁵ All patients provided written informed consent for the phase I/II SIACI of bevacizumab trial. The On-line Table provides the patient demographics and characteristics, including age, sex, response/nonresponse status based on RANO criteria,¹⁷ prior IV bevacizumab exposure, prior steroid exposure, IA bevacizumab dose administration, and the number of days from

SIACI of bevacizumab until the posttreatment MR imaging/MRS examinations. Inclusion criteria required recurrent World Health Organization grade IV glioblastoma refractory to prior combined radiation treatment and chemotherapy with temozolamide, as well as pre- and posttreatment standardized gadolinium-enhanced concurrent brain MR imaging and MRS within the timeframe of 1–10 days before and 15–30 days after SIACI of bevacizumab therapy.

Treatment Protocol

The delivery technique entailed implementing SIACI of mannitol to facilitate transient blood-brain barrier disruption, followed by SIACI of bevacizumab within 3 days of baseline MR imaging. More specifically, 10 mL of 25% 1.4 mol/L mannitol were infused through a microcatheter into the region of interest. Subsequently, the appropriate dose of bevacizumab was infused over 15 minutes. Given that the phase I trial aimed to determine the maximum tolerated dose of SIACI of bevacizumab with analysis of 10 escalating doses (2, 4, 6, 8, 10, 11, 12, 13, 14, and 15 mg/kg), the administered dose varied among patients selected for our study. After 3–5 weeks of observation (range 15–30 days; mean 22 days), patients underwent follow-up brain MR imaging and MRS examinations. No additional therapy was initiated before the post-IA infusion MR imaging/MRS studies were completed.

Prior intravenous bevacizumab treatment was not an exclusion criterion for the phase I/II trials or for this study, with 6 patients having received previous IV bevacizumab exposure. For patients with more than 1 post-IA therapy MR imaging and MRS examination, only the initial post-IA infusion MR imaging and MRS studies were analyzed.

Brain MR Imaging and MRS Data Acquisition and Processing

All neuroimaging examinations were conducted on a 3T HDxt 15x MR system (GE Healthcare, Milwaukee, Wisconsin). The imaging protocol for patients with GB consisted of the standardized pre- and postcontrast imaging protocol provided in Table 1, and a multisection MRSI scan, which was performed as the final series in the study. The latter MRSI examination was performed using the multisection method of Duyn et al,¹⁸ which is a section-interleaved spin-echo sequence that incorporates octagonally tailored outer volume presatu-

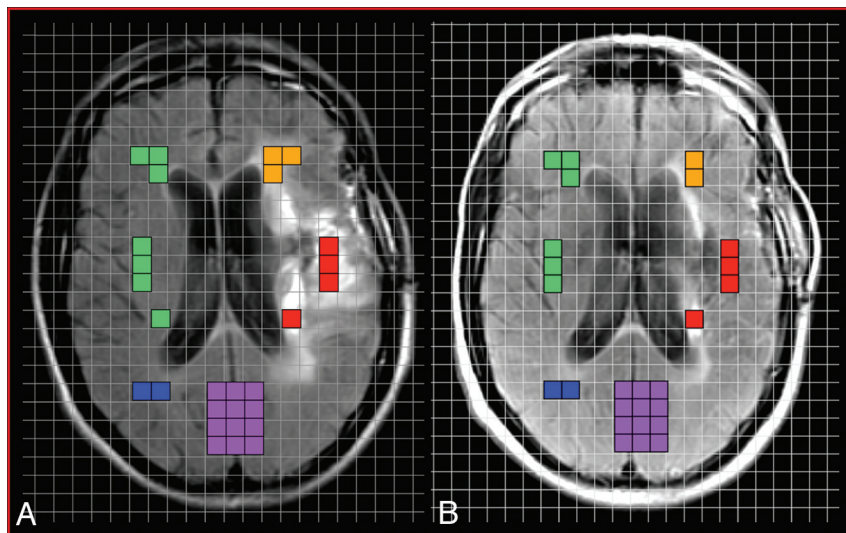


Fig 1. Representative example of voxel placement onto registered grid overlay on the pre-SIACI (A) and post-SIACI (B) of bevacizumab T2-weighted FLAIR MRS localizer images demonstrating the 5 aforementioned regions of interest selected for analysis: *red* = enhancing component; *orange* = nonenhancing T2-hyperintense signal abnormality; *green* = matched contralateral "normal" parenchyma (corresponding to cumulative area of enhancing and non-enhancing voxels); *blue* = normal contralateral white matter; *purple* = normal cortex. ROIs were selected on the pretreatment T2-weighted FLAIR MRS (A) and these 5 identical anatomic areas were then carried over and plotted on the posttreatment T2-weighted FLAIR MRS (B).

ration pulses for pericranial fat and tissue suppression, and a single water-selective radio-frequency pulse followed by strong spoiler gradients for water suppression. The data were recorded in approximately 10 minutes from 4 interleaved 15-mm brain sections—prescribed to encompass the tumor mass—with TE/TR 280/2300 ms, FOV 240 mm, 20×20 phase-encoding steps with circularly sampled *k*-space, 512 time-domain points, and 2500-Hz spectral width. The resulting nominal MRS voxel size was $1.2 \times 1.2 \times 1.5 \text{ cm}^3$.

The MRS data thus recorded were transferred to an off-line workstation (Sun Blade 1000; Sun Microsystems) for analysis by 2 blinded study investigators, who used proprietary data analysis software written in IDL (Exelis Visual Information Solutions, Boulder, Colorado). The raw data were sorted by section, zero-filled to a spatial matrix of 32×32 and twice along the acquisition domain (to 2048 sample points), filtered with a Gauss–Lorentz window and a Hamming window along the time and spatial domains, respectively, and then processed by standard 3D fast Fourier transformation to yield an array of 32×32 spectra. The spectral data were automatically corrected for susceptibility shifts due to slight variations in magnetic field strength across the brain.

Mean metabolite areas in each of the ROIs were obtained by using a frequency-domain nonlinear least-squares fitting routine developed in-house in IDL, and then expressed as ratios relative to the root mean square of the background noise in each voxel or as ratios of a metabolite of interest to another (eg, tCho/NAA or tCho/tCr).

Selection of Regions of Interest and Data Evaluation

A senior board-certified neuroradiologist (A.J.T.; 9 years of experience), a trained senior neuroradiologist (I.K.; 21 years of subspecialty experience), and a junior neuroradiologist (J.Y.J.; neuroradiology fellow) selected the voxels of interest for MRS data analysis on the pretreatment MR imaging examination by using a registered grid overlay on the corresponding T2-weighted FLAIR localizer images. Voxel selection was assigned by consensus agreement by at least 2 of the 3 neuroradiologists, who were blinded to the clinical outcomes.

Five morphologic categories or ROIs, demonstrated pictorially in Fig 1, were selected for MRS analysis: 1) enhancing component, 2) nonenhancing T2-hyperintense signal abnormality, 3) matched contralateral "normal" parenchyma (corresponding to cumulative area of enhancing and nonenhancing voxels), 4) normal contralateral white matter, and 5) normal cortex. Matched contralateral paren-

chyma was designated as the control region of interest. These color-coded voxels were plotted onto the pretreatment MR spectroscopic image and selected for analysis by utilizing the standard T1-weighted precontrast, T1-weighted postcontrast, and T2-weighted FLAIR images from the baseline MR imaging performed the same day. The number of voxels per region of interest was variable, depending on the imaging characteristics of each neoplasm.

The corresponding anatomic areas for the same 5 morphologic categories were then carried over to the posttreatment MR imaging examination and similarly plotted onto a registered grid overlay on the T2-weighted FLAIR MRS localizer images. In cases where regional anatomy became altered after treatment, the focus remained on verifying that the same anatomic area was selected on the postinfusion study and reassigned as the correct region of interest for MRS analysis. In addition, in cases of discrepant section selection resulting in anatomic mismatch between the 4 pre- and posttreatment MRS T2-weighted FLAIR localizer images, voxel placement was only performed on sections obtained at comparable anatomic section planes. Voxel selection was again verified by consensus agreement by at least 2 of the 3 study investigators.

In patients with enhancing and nonenhancing components of GB extending across the midline, the best collective judgment was made with regard to selection of matched "normal" parenchyma voxels, given the inability to select the corresponding contralateral cumulative area of enhancing and nonenhancing ROIs.

Upon completion of voxel placement for the 5 morphologic categories onto both the pre- and post-IA registered grid overlay on the T2-weighted FLAIR MRS localizer images, spectra were extracted from the corresponding MR spectroscopy voxels and then analyzed to assess for changes of tCho, tCr, Lac, and NAA levels and their ratios, as potential objective markers of therapeutic response.

Data and Statistical Analysis

Peak areas for 4 key metabolites (tCho, tCr, Lac, NAA) and their ratios (tCho/Cr and tCho/NAA) were derived for each of the 5 morphologic categories. Statistically significant differences in mean metabolite peak areas and ratios between the pre- and post-IA treatments (defined as percent change: $[(\text{postpre})/\text{pre} \times 100\%]$) were determined utilizing the Wilcoxon signed-rank test. Percent change for each MRS outcome was also compared between the ROIs of interest by the Wilcoxon signed-rank test. All analyses were performed using SPSS Ver-

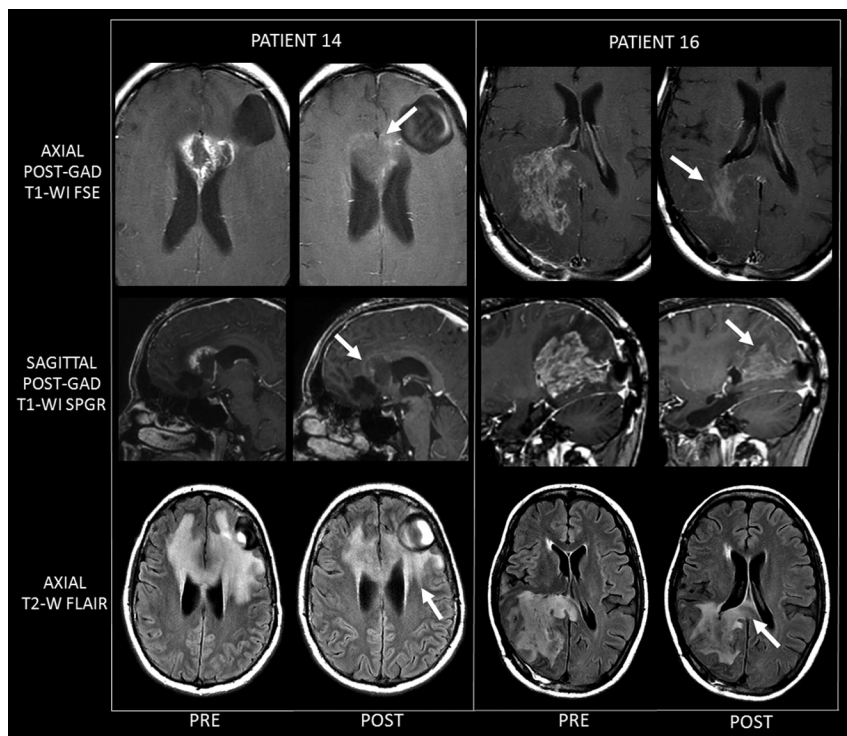


Fig 2. Two examples (study patients 14 and 16) of MR imaging changes before and after treatment, clearly demonstrating the marked decrease in enhancement associated with a mild decrease in T2 signal abnormality related to bevacizumab therapy. For each patient, images on the left are representative of pre-SIACI bevacizumab scans, and images on the right are matched representative post-SIACI bevacizumab scans. The arrows on the postgadolinium post-treatment T1WI point to the marked decrease in enhancement after SIACI of bevacizumab. Arrows on the posttherapy T2WI FLAIR images demonstrate a significant but less dramatic decrease in abnormal T2 signal. Patient 14 received 15 mg/kg of SIACI of bevacizumab (½ left MCA, ¼ right A1 ACA, ¼ left A1 ACA). Patient 16 similarly received 15 mg/kg of SIACI of bevacizumab (½ right P1 PCA and ½ right M1 MCA).

sion 19.0 (SPSS, Chicago, Illinois) and SAS Version 9.2 (SAS Institute, Cary, North Carolina) software by a trained biostatistician (P.C.). All reported *P* values are 2-sided, with statistical significance evaluated at $\alpha = .05$ level.

Results

Sample MR imaging results of changes in GB before and after SIACI of bevacizumab treatment, are demonstrated in Fig 2. These 2 examples (study patients 14 & 16) clearly demonstrate the marked decrease in enhancement associated with a mild decrease in T2 signal abnormality related to bevacizumab therapy.

Similarly, sample MRS data for a voxel in a GB in the splenium of the corpus callosum before and after SIACI of bevacizumab are shown in Figs 3A, -B, respectively. Pre-IA treatment GB spectra (Fig. 3A) were characterized by robust tCho and Lac increases, and decreased or absent tCr and NAA, with a decrease in overall spectral intensity. By contrast, spectral response after IA treatment (Fig 3B) generally consisted of recovery of the signal intensities of all the metabolites, with more marked increases in NAA and tCr levels and more modest changes in tCho and Lac levels.

The results of comparing median percent changes in tCho/NAA, our primary outcome measure, for each of the 5 ROIs, are provided in Table 2. The individual median percent changes are the medians computed from multiple sections in each subject. The values in the last row of Table 2 are the medians for all subjects. Comparing pre-IA versus post-IA treatment, there was a statistically significant median percent change of -25.99% (range -55.76 to 123.94 ; $P = .006$) in tCho/NAA in areas of enhancing disease, with a trend toward a significant change in this ratio (median percent change -6.45% ; range -23.71 to 37.67 ; $P = .06$) in areas of nonenhancing T2-hyperintense signal abnormality. The median percent change of the tCho/NAA ratio was not found to be statistically significant in the control and white matter regions

($+7.04\%$, $P = .12$, and -3.67% , $P = .80$, respectively), however it was statistically significant in cortical gray matter ($+8.62\%$, $P = .02$).

Median percent change in tCho/Cr and tCho/NAA ratios were also compared between the 5 different brain region of interest groups. Median percent change in tCho/Cr ratios in all 18 subjects did not differ between the 5 region of interest groups, whereas statistically significant differences were found (Table 3) between the T2-hyperintense enhancing category and the "matched control" ($P = .005$), cortical gray matter ($P = .004$), and white matter ($P = .006$) regions. Similarly, statistically significant differences in median percent change were found in the tCho/NAA ratios between the T2-hyperintense nonenhancing and gray matter regions ($P = .008$), between the enhancing and T2-hyperintense nonenhancing regions ($P = .03$), and between the white and gray matter regions ($P = .039$). A trend toward significant differences was found in median percent changes in the tCho/NAA ratios between the T2-hyperintense nonenhancing category and the "matched control" ($P = .11$) and white matter ($P = .058$) regions. No statistically significant differences were found between the control and gray matter, and control and white matter areas.

Discussion

The inability of conventional MR imaging to permit reliable clinical assessment of tumor progression and therapeutic response has heightened the need for the development of more effective neuroimaging approaches. In this respect, the emergence of alternate modalities has expanded the role of imaging beyond anatomic structural information to enable the analysis of physiologic and metabolic processes that may underlie neoplastic transformation.^{12,14,19-22} Particularly noteworthy is the utility of MRS in complementing conventional MR imaging for assessing treatment efficacy^{12,14}; MRS is especially attractive in the setting of recurrent GB, given the association of

Pre-SIACI of bevacizumab

Post-SIACI of bevacizumab

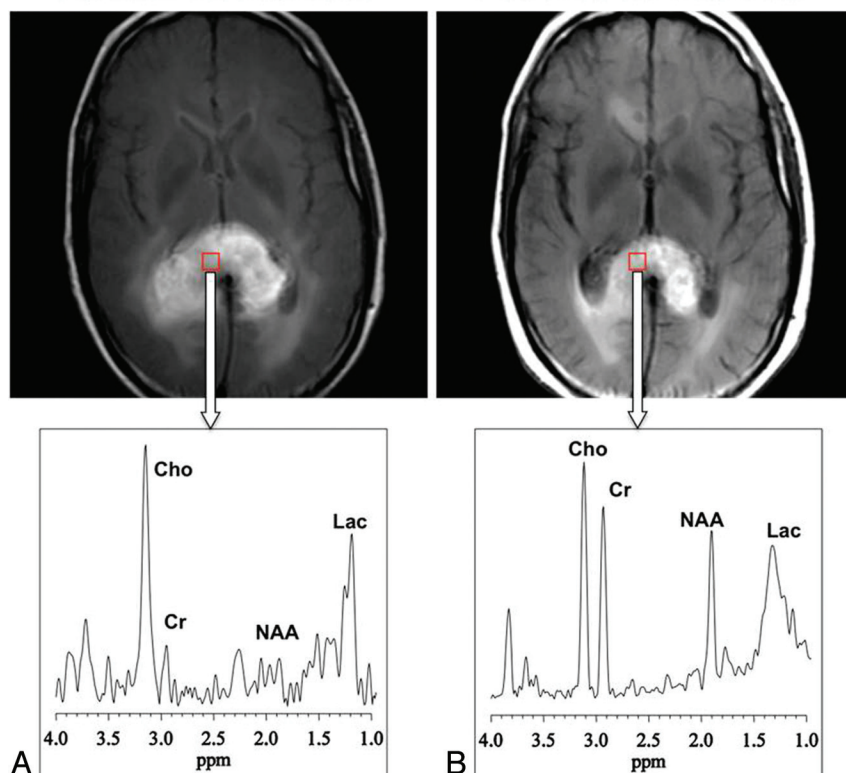


Fig 3. ^1H -MR spectra for a voxel in a GB in the splenium of the corpus callosum before (A) and after (B) SIACI of bevacizumab, demonstrating reduction of the tCho/NAA ratio posttreatment.

Table 2: Analysis of median percent change of tCho/NAA

Patient	Median % Change tCho/NAA Enhancing	Median % Change tCho/NAA Nonenhancing	Median % Change tCho/NAA Control	Median % Change tCho/NAA White Matter	Median % Change tCho/NAA Gray Matter	RANO Response Assessment ²⁶
1	123.94	4.05	24.95	-12.89	-3.57	SD
2	-24.83	-8.94	33.59	-4.44	13.08	SD/PD*
3	5.35	-3.47	8.38	9.93	-4.51	SD
4	-27.15	-23.71	5.72	2.43	6.21	SD
5	-19.18	37.67	3.28	-12.81	11.65	SD
6	-7.72	-22.19	10.08	-19.42	10.04	PD
7	-28.17	-16.29	14.55	1.95	9.17	SD
8	-32.11	-15.96	4.68	0.64	-3.43	SD
9	-37.56	-3.74	6.12	21.37	22.80	SD
10	-13.95	-4.12	17.50	17.75	8.96	PR
11	-4.43	-7.94	15.56	-4.31	8.28	SD
12	-45.23	-21.59	7.96	-14.76	-1.37	SD
13	-47.67	-4.96	15.79	-6.40	10.69	SD
14	-46.51	-13.88	-4.55	-8.88	12.89	PR
15	8.25	3.75	-0.28	13.17	-1.10	SD
16	-24.17	7.50	-23.48	-6.78	5.19	PR
17	-55.76	9.58	-21.53	23.58	100.96	PR
18	-33.70	-19.41	-24.89	-3.03	-14.85	PR
Median % change of medians (interquartile range)	-25.99% (-39.48 to -6.90) (-55.76 to 123.94)	-6.45% (-17.07 to 3.83) (-23.71 to 37.67)	7.04% (-1.35 to 15.62) (-24.89 to 33.59)	-3.67% (-9.86 to 10.74) (-19.42 to 23.58)	8.62% (-1.89 to 11.96) (-14.85 to 100.96)	Summary SD = 11 PR = 5 PD = 1 SD/PD = 1
P value for median % change (vs 0%)	P = .006	P = .06	P = .12	P = .80	P = .02	

Note:—Listed values are compared to 0% change (null value) for each of the 5 parameters. RANO response assessment key: PR indicates partial response; SD, stable disease; PD, progression of disease. For patient 2(*), the targeted treated primary tumor was classified as SD; however, new discontinuous leptomeningeal enhancement designated the overall response as PD.

bevacizumab with dramatically reduced nonspecific contrast enhancement. By using MRS to assess neurochemical changes that may be associated with bevacizumab, we hoped to eluci-

date some aspects of the complex mechanisms that seem to underlie the tumoricidal effects of the intervention. These mechanisms may include inhibition of neovascularization

Table 3: Comparison of median percent change in tCho/NAA ratios between the 5 different ROI groups

	Enhance vs. Control	Enhance vs. Nonenhance	Enhance vs. Gray	Enhance vs. White	Nonenhance vs. Control	Nonenhance vs. Gray	Nonenhance vs. White	Control vs. Gray	Control vs. White	White vs. Gray
<i>P</i> value	.005	.03	.004	.006	.11	.008	.058	.91	.23	.039

Note:—The median percent change values (of all 18 patients' individual median percent change values) are compared between the 5 different brain categories.

and/or normalization of existing tumor vessels resulting in decreased peritumoral edema.^{4,8-11}

Bevacizumab and other anti-angiogenic agents may result in marked nontumoral decreases in contrast enhancement, termed “pseudoresponse.” This phenomenon is characterized by a posttreatment decrease in the enhancing portion of the lesion, with progression of the nonenhancing portion on T2-weighted sequences, and may be observed as early as 1–2 days after initiation of therapy.¹⁷ Awareness and recognition of this apparent, favorable radiographic pattern of change is critical for appropriately interpreting treatment response change, as the striking reduction of contrast enhancement may partly reflect normalization of the blood-brain barrier and decreased tumoral vessel permeability, rather than a true decrease in tumor volume.^{17,23} These anti-angiogenic agents demonstrate marked reductions in contrast enhancement, with high response rates and 6-month progression-free survival, but have rather modest or no overall survival benefits.^{17,23} Currently, no particular imaging technique is capable of differentiating between a true response and pseudoresponse.²⁴

Standardized criteria for assessment of treatment response have been published and include the Macdonald criteria from 1990²⁵ and the updated proposed recommendations by the RANO Working Group in 2010.¹⁷ Although the initial Macdonald criteria were based upon CT, these have evolved with application to conventional MR imaging, which has become the standard noninvasive neuroimaging technique for assessment of tumor burden. According to this method that has served as the current benchmark for tumor assessment, evaluation of therapy response is based on the change in contrast-enhancing lesion size via 2D perpendicular measurements of the enhancing region. Clinical factors also taken into consideration include steroid dosage and the neurologic state of the patient. Various important limitations of the Macdonald criteria have since been acknowledged, primarily the nonspecific nature of contrast enhancement reflecting breakdown of the blood-brain barrier resulting from various etiologies; not necessarily representing the equivalent surrogate of tumor burden; and the lack of assessment of the nonenhancing disease component, often representing a combination of nonenhancing neoplasm, edema, and the sequelae of treatment. Recognition of these shortcomings has resulted in updated criteria by the RANO group, which address the nonenhancing areas of T2 hyperintense signal abnormality.¹⁷

In Table 2, we detail the individual response rates for our cohort of 18 patients utilizing the updated RANO response criteria. While there are no comparable studies evaluating early radiographic response utilizing the updated RANO criteria for recurrent GB, the best available data show that median PFS is 4.2 months for IV bevacizumab alone and 5.6 months for IV bevacizumab plus irinotecan.²⁶ Recent data from an internal study at our institution that is in press and includes this phase I patient cohort have demonstrated more

encouraging outcomes by using the RANO criteria, with median PFS increasing to approximately 10 months for patients treated with a single IA bevacizumab dose followed by IV bevacizumab delivery.⁷

Still, the inherent inability of routine contrast-enhanced MR imaging to differentiate between response, progression, and/or treatment effects has led to increased interest in metabolic and functional neuroimaging techniques based on MR and PET.²⁷ Sophisticated MR methods now rely upon the hemodynamic properties of gliomas, which include cerebral blood volume, cerebral blood flow, vascular permeability, and blood vessel diameter.²⁷ New PET radiotracers target neoplastic biologic activity, enabling more specific interrogation of tumor physiology with assessment of hypoxia and proliferation rate.²⁸

Proton MRS is an alternative surrogate marker that can assist in monitoring treatment response and in clinical decision making. By allowing direct neurochemical analysis of several potential biomarkers of disease, MRS may serve as an important adjunctive technique.¹²⁻¹⁵ Metabolites of potential clinical interest include the putative neuronal density and viability marker NAA, which is decreased in most brain lesions; the cell bioenergetics marker tCr, whose resonance includes a contribution from phosphocreatine and remains unchanged under most in vivo conditions, aside from extensive tissue damage or disrupted enzymatic homeostasis; the cell membrane biosynthesis and metabolism marker tCho, which increases in cell membrane breakdown and proliferation; and the anaerobic energy metabolism marker Lac, which is increased with anaerobic glycolysis activity.^{12,21} Thus, MRS represents a viable noninvasive neuroimaging technique for probing the metabolic disturbances that may elucidate the mechanisms of action of this promising intervention.

Our use of MRS in the present study has demonstrated the potential of the technique, revealing significant and trend-level significant reductions of tCho/NAA ratios in enhancing and nonenhancing regions of disease, respectively. Measurement of changes in tCho has emerged a reliable predictor and indicator of neoplastic response,¹² in concordance with the results of the present study. Our failure to find statistically meaningful changes for the matched contralateral normal parenchyma, as well as for normal white matter control voxels, seems to add face validity to our statistically significant findings in the enhancing and nonenhancing components of disease. While the absence of a significant difference in the matched “normal” and white matter areas was expected, our finding of a significant increase in tCho/NAA ratios within the gray matter ROIs (+8.62%; *P* = .02) was unexpected. One consideration is that this finding may reflect treatment-related neuronal loss and gliosis occurring to a greater extent compared with treatment effects on the neoplasm. More specifically, this might be seen in the setting of NAA values decreasing to a greater extent relative to decreasing tCho values, which

would result in an overall increase in the tCho/NAA ratio. In addition, the statistically significant differences in median tCho/NAA ratios between the enhancing ROIs compared with the control, gray matter, and white matter groups further suggest that GB treatment with SIACI of bevacizumab may be associated with an antiproliferative effect.

Discordant findings were noted in 2 patients, with unexpected increases in the tCho/NAA ratio from the pretreatment to posttreatment scans. Patient 1 demonstrated a 123.94% increase in tCho/NAA in the enhancing ROIs, and patient 5 showed a 37.67% increase in tCho/NAA in the nonenhancing T2 hyperintense voxels (Table 2). Possible contributing factors for these 2 outlier nonresponders include low bevacizumab dosing (both were early patients at the start of the dose escalation Phase I trial), differences in specific tumoral genetics of these patients' neoplasms, and/or prior exposure to IV bevacizumab (in the case of patient 5).

This study has a number of limitations that suggest caution in generalizing the results. First, the sample size of 18 subjects is relatively small, so this report should be viewed as an initial description and interim analysis of our clinical experience to date, which is nevertheless promising. Second, as 1 effect of bevacizumab is to decrease edema by reducing the abnormal permeability of tumor vessels, our observed decrease in tCho/NAA ratios may, in part, reflect the replacement of normal brain tissue into the relevant voxel. Third, clinical heterogeneity among patients selected for inclusion into the phase I/II SIACI of bevacizumab trials warrants consideration. This included variation in prior IV bevacizumab status with 6 of the 18 patients having previous exposure. Ideally, only bevacizumab-treatment-naïve patients should have been included to allow more accurate assessment of the true implications of this potential therapy. Our group is currently seeking funding for a larger controlled prospective study to directly compare IA and IV therapy in bevacizumab-naïve patients with recurrent GB. Similarly, the study sample was heterogeneous with respect to previous steroid exposure, with 5 of the 18 patients being steroid naïve. These factors are potential confounders to clinical outcomes and study results. Furthermore, the number of days from SIACI treatment to the postinfusion MRS study was not uniform, ranging from 15–30 days.

Various technical limitations should also be considered. The subjective component of selecting matching ROIs on the pre- and posttreatment scans, despite interval morphologic changes, introduces sampling error. Thus to some extent, differences in tissue type sampling may partially contribute to the apparent changes in metabolite concentrations. Second, inherent differences in anatomic resolution and difficulty in precisely coregistering the MRS localizer voxels with the corresponding anatomic ROIs—due to differences in spatial scan parameters and resolution (eg, section thickness, gap)—further complicates analysis, both in terms of in-plane resolution and along the z-axis (with associated partial volume averaging effects).

Finally, correlation of the observed MRS metabolite ratio changes with either PET or follow-up MR imaging scans would be paramount to affirm our preliminary findings. While decreased tCho/NAA ratios posttreatment suggest an antiproliferative effect, this inference cannot be determined unequivocally. However, these 18 patients are part of an on-

going phase II study at our institution that includes a larger patient sample size, PET scans, and continued interval MR imaging follow-up, designed to assess PFS and overall survival rates in patients receiving IA bevacizumab therapy. Histologic confirmation would have been a powerful adjunct in validating our findings; however, tissue sampling was not performed, given the observed overall favorable radiographic treatment responses.

Conclusions

This study has demonstrated the promise of MRS as a useful neuroimaging tool in evaluation of tumor extent and therapeutic response in patients treated with bevacizumab. Although the relatively small sample size limits generalization and the aforementioned limitations of anatomic resolution, coregistration errors, and in-plane resolution warrant consideration, the presented results suggest that treatment of recurrent GB with novel SIACI of bevacizumab may be associated with a direct tumoricidal effect, as demonstrated by significant reductions of tCho/NAA ratios in enhancing components of disease after the intervention. Similarly, the trend-level significant reductions of tCho/NAA ratios in nonenhancing T2-hyperintense areas of disease suggest a trend toward significance and are promising.

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