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ABSTRACT

BACKGROUND AND PURPOSE: Reduction of CT tube current is an effective strategy to minimize radiation load. However, tube current is also a major determinant of image quality. We investigated the impact of CTA tube current on spot sign detection and diagnostic performance for intracerebral hemorrhage expansion.

MATERIALS AND METHODS: We retrospectively analyzed a prospectively collected cohort of consecutive patients with primary intracerebral hemorrhage from January 2001 to April 2015 who underwent CTA. The study population was divided into 2 groups according to the median CTA tube current level: low current (<350 mA) and high current (≥ 350 mA). CTA first-pass readings for spot sign presence were independently analyzed by 2 readers. Baseline and follow-up hematoma volumes were assessed by semiautomated computer-assisted volumetric analysis. Sensitivity, specificity, positive and negative predictive values, and accuracy of spot sign in predicting hematoma expansion were calculated.

RESULTS: This study included 709 patients (288 and 421 in the low- and high-current groups, respectively). A higher proportion of low-current scans identified at least 1 spot sign (20.8% versus 14.7%, $P = .034$), but hematoma expansion frequency was similar in the 2 groups (18.4% versus 16.2%, $P = .434$). Sensitivity and positive and negative predictive values were not significantly different between the 2 groups. Conversely, high-current scans showed superior specificity (91% versus 84%, $P = .015$) and overall accuracy (84% versus 77%, $P = .038$).

CONCLUSIONS: CTA obtained at high levels of tube current showed better diagnostic accuracy for prediction of hematoma expansion by using spot sign. These findings may have implications for future studies using the CTA spot sign to predict hematoma expansion for clinical trials.

ABBREVIATIONS: HmA = high current; ICH = intracerebral hemorrhage; LmA = low current

The CTA spot sign is a validated predictor of expansion in intracerebral hemorrhage (ICH),^{1,2} but the optimal acquisition protocol for spot sign identification is still unknown. There is great heterogeneity in CTA imaging parameters across centers, especially in CTA tube current, with reported milliamperage (mA) values ranging from 140 to 770.^{3–7} Furthermore, CT is a consid-

erable source of radiation exposure,⁸ and concerns remain regarding minimization of radiation delivery to patients who have experienced an acute stroke.⁹ Tube current reduction is a common and effective strategy to minimize the global radiation exposure.¹⁰ However, this parameter is also a major determinant of image noise, and excessive reduction of the tube current level might negatively affect image quality.¹¹ Defining the optimal CTA technical setting that predicts hematoma expansion might provide useful information for future clinical trials involving patients with ICH. Therefore, the main aim of our study was to investigate the influence of different CTA tube current levels on spot sign detection and accuracy in predicting ICH expansion.

MATERIALS AND METHODS

Patient Selection

Massachusetts General Hospital institutional review board approval was received for all aspects of our study, and all the procedures comply with the Health Insurance Portability and Accountability Act. Informed written or verbal consent was obtained from patients or family members or waived by the institutional review board. We performed a single-center, retrospective analysis of a

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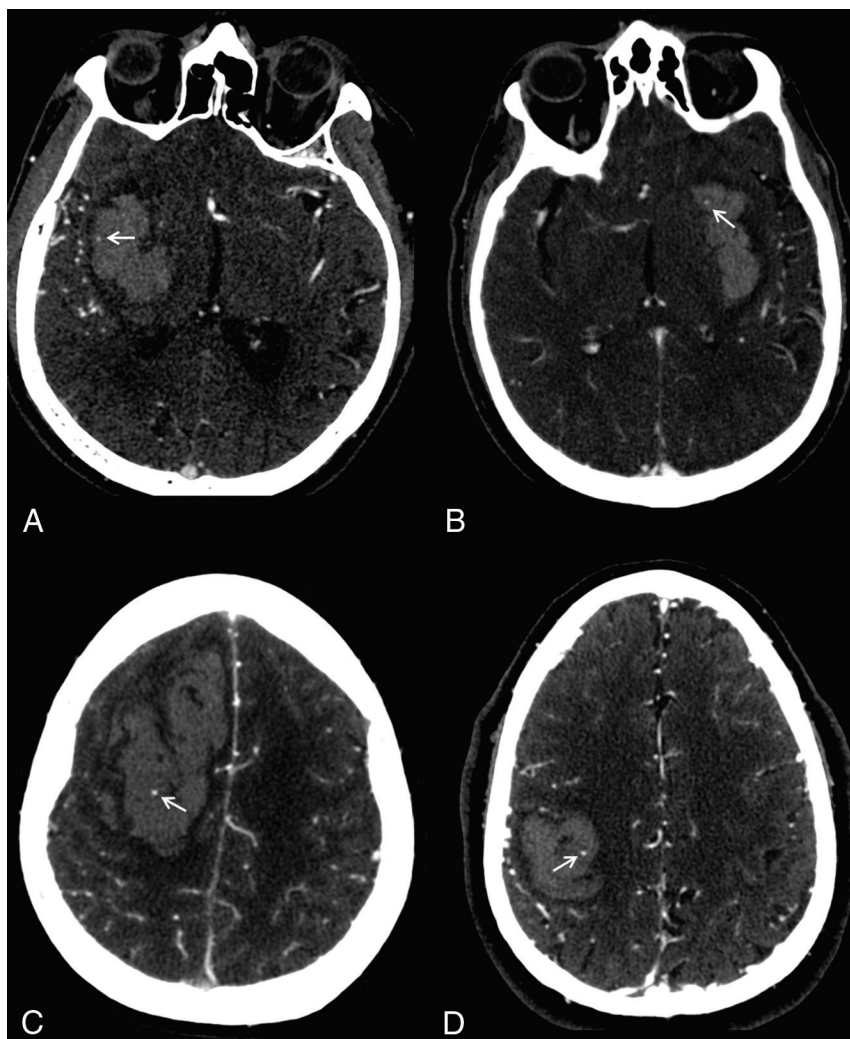


FIG 1. Appearance of the spot sign (arrows) on CTA images obtained at low tube current (A, 170 mA; B, 235 mA) versus high tube current (C, 350 mA; D, 350 mA). All images were acquired on the same scanner at 120 kVp.

previously described prospectively collected cohort of consecutive patients with primary ICH.^{12,13}

Patients were included if they presented from January 2001 to April 2015 with primary ICH and underwent CTA within 48 hours from symptom onset and follow-up NCCT. Patient exclusion criteria were 1) the presence of a vascular lesion or neoplastic lesion determined or suspected to be the cause of the ICH, 2) surgical evacuation of the hematoma, 3) traumatic intracranial bleeding, 4) absence of axial thin-section CTA images (section thickness, 0.625–1.25 mm), and 5) unknown CTA acquisition protocol.

Both CTA tube current and voltage are important determinants of image quality.¹¹ However, although there is great variability in the reported current values for CTA acquisition, this is not the case for voltage.^{3–7} Indeed, in our cohort and in most of the previous spot sign studies, most CTA images for spot sign detection were acquired at a tube voltage level equal or above 120 kVp (peak).^{3–7} For this reason, we decided to focus our analysis on the effects of tube current on diagnostic performance. Therefore, patients with CTAs obtained at low tube voltage level (< 120 kVp) were excluded from the final analysis.

Clinical Variables

Clinical information was collected from patients, families, or the medical record and included age, sex, history of hypertension, and treatment with antithrombotic medications, including antiplatelet drugs or anticoagulant therapy. Time from symptom onset to baseline NCCT and CTA was also collected.

Image Acquisition

Axial NCCT examinations were obtained with 5-mm section thickness reconstruction. CTA was performed as part of standard clinical care by scanning from the skull base to the vertex by using an axial technique, 0.5 section pitch, 1.25-mm collimation, and 120–140 kVp. Previous publications of an overlapping cohort described that CTA scans at our institution were typically acquired at either 235 or 350 mA.^{14,15} On detailed review, we found that a wide milliamperage range (80–630) was used in clinical practice. Intravenous iodinated contrast material (65–85 mL) was administered by power injector with an infusion rate of 4–5 mL/s with Smart-Prep (GE Healthcare, Milwaukee, Wisconsin), a semiautomatic contrast bolus triggering technique. The contrast materials used were Iovue 370 and Iovue 300 (Bracco, Princeton, New Jersey). Volume CT dose index ranged from 34.7–89.4 mGy (mean, 60.9; SD, 16.6) and dose-length product ranged from 628.7–3763.4 mGy × cm (mean, 1923.6; SD, 957.5).

Image Analysis

The patients included in the study were divided into 2 groups: low-current (<350 mA [LmA]) and high-current (≥350 mA [HmA]) scans. This cutoff was determined according to the median mA value. Illustrative spot sign–positive CTA images acquired at LmA versus HmA are shown in Fig 1.

Baseline NCCT scans were reviewed to determine the ICH location (deep, lobar, or infratentorial) and presence of associated intraventricular hemorrhage. Baseline and follow-up ICH volumes were calculated with semiautomated computer-assisted volumetric analysis (Analyze 11.0 software; AnalyzeDirect, Overland Park, Kansas), and hematoma expansion was defined a priori as a total volume increase greater than 6 mL or a relative volume increase greater than 30% from the baseline volume as previously described.^{5,16} For spot sign identification, first-pass CTA images were independently reviewed by 2 experienced readers (A.M., M.J.J.) blinded to CTA acquisition protocol, clinical information, and results of the follow-up NCCT. Any disagreement in reader interpretation was adjudicated by consensus agreement under the

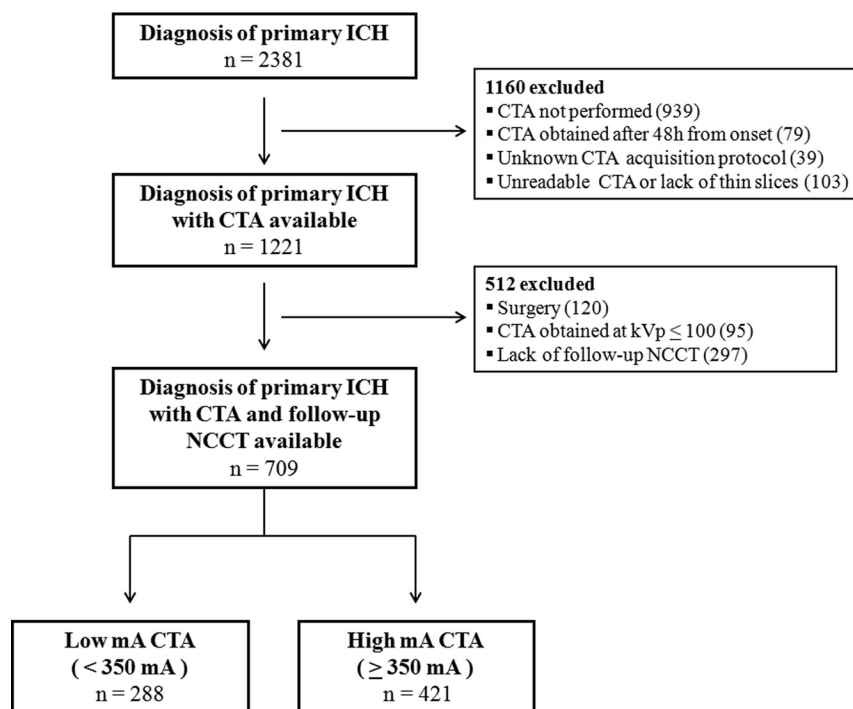


FIG 2. Cohort selection flowchart.

Table 1: Baseline study cohort characteristics

| Parameters | |
|---|------------|
| No. of patients | 709 |
| Age (median) (IQR) (y) | 74 (62–82) |
| Sex, male (n) (%) | 396 (55.9) |
| History of hypertension (n) (%) | 553 (78.0) |
| Antiplatelet treatment (n) (%) | 314 (44.3) |
| Anticoagulant treatment (n) (%) | 132 (18.6) |
| ICH location (n) (%) | |
| Lobar | 346 (48.8) |
| Deep | 299 (42.2) |
| Infratentorial | 64 (9.0) |
| IVH presence (n) (%) | 312 (44.0) |
| Baseline ICH volume (median) (IQR) (mL) | 17 (6–39) |
| Baseline IVH volume (median) (IQR) (mL) | 0 (0–4) |
| Time from symptom onset to CTA (median) (IQR) (h) | 5 (3–10) |
| CTA spot sign presence (n) (%) | 122 (17.2) |
| ICH expansion (n) (%) | 121 (17.1) |

Note:—IQR indicates interquartile range; IVH, intraventricular hemorrhage.

supervision of an expert neuroradiologist (J.M.R.). Axial CTA source images were reviewed in “spot windows” (width 200, level 110) as previously described by using the following radiologic criteria for spot sign identification: 1) ≥ 1 focus of contrast pooling within the ICH, 2) an attenuation ≥ 120 HU, 3) discontinuous from normal or abnormal vasculature adjacent to the hematoma, and 4) of any size and morphology.¹⁶

Statistical Analysis

All statistical analyses were performed with SPSS Version 21 (IBM, Armonk, New York). Discrete variables are summarized as count (%). Normally distributed continuous variables are summarized as mean (SD) and continuous variables with non-

normal distribution are expressed as median (interquartile range). Differences in the 2 study groups were examined with the χ^2 test for comparison between categorical variables, *t* test for continuous variables with normal distribution, and Mann-Whitney *U* test for continuous variables with nonnormal distribution. Interrater and intrarater reliability for the identification of any spot sign were determined by using the Cohen κ statistic. Subsequently, we calculated and compared sensitivity, specificity, positive predictive value, negative predictive value, and accuracy for hematoma expansion. All 95% CIs were obtained by exact binomial methods. Comparison of the sensitivity, specificity, positive predictive value, negative predictive value, and accuracy percentages between LmA and HmA was performed by using the χ^2 test. A *P* value $< .05$ was considered statistically significant.

RESULTS

A total of 2381 consecutive patients with primary ICH were screened. After application of the eligibility and exclusion criteria, 709 patients were available for the analyses (Fig 2). There were 288 patients included in the LmA group and 421 included in the HmA group. The baseline characteristics of the study population are listed in Table 1. Hematoma expansion occurred in 121 (17.1%) patients, and at least 1 spot sign was detected in 122 (17.2%) scans. Interrater and intrarater reliability measures for spot sign detection were excellent ($\kappa = 0.85$ and $\kappa > 0.90$, respectively). Median time from symptom onset to CTA was 5 hours (interquartile range 3–10 hours). Table 2 illustrates the comparison between LmA and HmA demographic, clinical, and imaging characteristics. We observed a higher number of spot sign positive scans in the LmA group compared with the HmA group (60/288 [20.8%] versus 62/421 [14.7%], *P* = .034), whereas no differences were noted in the frequency of hematoma expansion (53/288 [18.4%] versus 68/421 [16.2%], *P* = .434).

The diagnostic performance of spot sign in predicting ICH expansion stratified by tube current levels is shown in Table 3. The LmA setting was associated with a higher frequency of false-positive cases (36/288 [12.5%] versus 31/421 [7.4%], *P* = .022) and the false-negative proportion was similar between the 2 groups (29/288 [10.1%] versus 37/421 [8.9%], *P* = .564). At HmA level, spot sign showed significantly superior specificity than at LmA level (91% versus 84%, *P* = .015). The overall accuracy was superior in HmA scans (84% versus 77%, *P* = .038).

Because there are multiple definitions of ICH expansion, we repeated the analyses using another commonly used definition: absolute growth > 12.5 mL or relative growth $> 33\%$.¹⁷ We confirmed the superior specificity (91% versus 83%, *P* = .004) and

Table 2: Patient characteristics stratified by tube current

| Characteristic | LmA | HmA | P Value |
|---|------------------|------------------|---------|
| No. of patients | 288 | 421 | |
| Age, median (IQR) (y) | 74 (62–82) | 73 (62–82) | .904 |
| Sex, male (n) (%) | 163 (56.6) | 233 (55.3) | .741 |
| History of hypertension (n) (%) | 219 (76.0) | 334 (79.3) | .299 |
| Antiplatelet treatment (n) (%) | 123 (42.7) | 191 (45.4) | .484 |
| Anticoagulant treatment (n) (%) | 49 (17.0) | 83 (19.7) | .364 |
| Admission INR (median) (IQR) | 1.03 (1.00–1.20) | 1.10 (1.00–1.20) | .331 |
| ICH location | | | .227 |
| Lobar | 130 (45.1) | 216 (51.3) | |
| Deep | 128 (44.4) | 171 (40.6) | |
| Infratentorial | 30 (10.4) | 34 (8.1) | |
| IVH presence (n) (%) | 138 (47.9) | 174 (41.3) | .083 |
| Baseline ICH volume (median) (IQR) (mL) | 18 (6–46) | 15 (6–36) | .018 |
| Baseline IVH volume (median) (IQR) (mL) | 0 (0–7) | 0 (0–3) | .074 |
| Time from symptom onset to CTA (median) (IQR) (h) | 5 (3–10) | 5 (3–10) | .342 |
| CTA spot sign presence (n) (%) | 60 (20.8) | 62 (14.7) | .034 |
| ICH expansion (n) (%) | 53 (18.4) | 68 (16.2) | .434 |
| CTDI _{vol} (mean ± SD) (mGy) | 43.3 ± 8.9 | 71.4 ± 9.8 | <.001 |
| DLP (mean ± SD) (mGy × cm) | 1258.3 ± 618.3 | 2342.1 ± 864.7 | <.001 |

Note:—CTDI_{vol} indicates volume CT dose index; DLP, dose-length product; INR, international normalized ratio; IQR, interquartile range; IVH, intraventricular hemorrhage.

Table 3: Spot sign prediction of hematoma expansion^a

| Variable | LmA | HmA | P Value |
|------------------------------------|------------------|------------------|---------|
| No. of patients | 288 | 421 | |
| Sensitivity (95% CI) | 0.45 (0.32–0.59) | 0.45 (0.34–0.58) | .973 |
| Specificity (95% CI) | 0.84 (0.79–0.89) | 0.91 (0.88–0.94) | .015 |
| Positive predictive value (95% CI) | 0.40 (0.28–0.53) | 0.50 (0.37–0.63) | .267 |
| Negative predictive value (95% CI) | 0.87 (0.82–0.91) | 0.90 (0.86–0.93) | .367 |
| Accuracy | 0.77 | 0.84 | .038 |

^a Significant expansion was defined as >30 % or >6 mL increase from baseline hematoma volume.

accuracy (84% versus 76%, $P = .008$) of HmA scans with no significant differences in sensitivity, positive predictive value, and negative predictive value (all P values > .1).

DISCUSSION

This study investigated the relationship between CTA tube current, spot sign detection, and diagnostic accuracy for predicting ICH expansion. We found that the tube current level had a relevant influence on spot sign detection and diagnostic accuracy of CTA spot sign. In particular, CTA acquired with high tube current levels (≥ 350 mA) showed higher specificity.

Our results are consistent with previous findings on the relationship between CT tube current, radiation delivery, and image quality. CTA is a commonly available tool for the emergency work-up of patients with ICH, but additional radiation exposure is one of the main drawbacks of this technique.¹⁸ CT tube current is directly associated with radiation exposure in a linear, dose-dependent relationship,^{11,19} and as expected, we observed a significantly higher radiation dose in the HmA group. Decreasing CT tube current results in increased image noise and inferior quality of CTA images.^{19,20}

In our study, the presence of at least 1 spot sign was significantly more frequent in the LmA group. Baseline hematoma volume is a strong predictor of spot sign presence²¹ and hematoma expansion.¹³ Therefore, this finding may simply reflect that patients in the LmA group had higher baseline ICH vol-

umes. Another possible explanation is the well-known inverse relationship between image noise and CT tube current.^{10,11,22} Severe background noise in the LmA group might have led to detection of false spot signs because of increased graininess of the scan. Indeed, despite the higher rate of spot sign detection, the LmA setting was not associated with a significant gain in sensitivity comparing the 2 current settings. Conversely, the specificity and overall diagnostic accuracy were significantly better in the HmA group. The observed difference between the diagnostic performances of the 2 current settings may be driven by the higher frequency of false-positive cases in the LmA group. In other words, the fact that sensitivity was not affected suggests that if contrast extravasates into the hematoma, it can be successfully detected even with LmA imaging. However, HmA may optimize the ability to distinguish such contrast from natural heterogeneity of the hematoma and avoid the detection of false spot signs. It may be that dual-energy CT can help address this issue by distinguishing contrast from blood in a more robust way.^{23,24}

Several CTA acquisition parameters can be varied to reduce the radiation dose without compromising the image quality.²⁵ Our results suggest that if the goal of CTA is to detect spot signs, such dose reduction comes at a cost.

CTA is widely used in the work-up of ICH,²⁶ and the CTA spot sign is a promising marker for early identification of patients with ICH who have the greatest opportunity to benefit from anti-expansion therapies.^{27,28} Therefore, patients with a false-positive spot sign may be exposed to potentially harmful anti-expansion hemostatic treatments despite having a low probability of hematoma expansion.

The only multicenter study focused on spot sign as a predictor of hematoma expansion¹ had inferior diagnostic accuracy compared with single-center studies.^{5,16,17} Heterogeneity in the CTA acquisition protocols and image quality across various institutions might have accounted for these differences. The results of our study and the above-mentioned issues suggest the need to develop a standardized CTA acquisition protocol to optimize spot sign detection in patients with ICH.

Some limitations of the present study should be mentioned. First, this was a nonrandomized, single-center, prospective observational study with retrospective analysis of the data. In addition, the number of patients in the LmA group was relatively small. Therefore, it is best interpreted as hypothesis generating, and the findings need to be confirmed by future stud-

ies. Second, the most relevant change in our institution's CTA protocol was the introduction of 90-second-delayed CTA images. Such images are known to capture additional spot signs,²⁹ and it may be that the influence of current on spot sign detection is different when such images are taken into account. Third, image noise and quality were not objectively measured, so we can only speculate that image graininess and increased background noise are the mechanisms responsible for lower accuracy observed in the LmA group. Fourth, CTA tube current is not the only determinant of image quality, and other factors not considered in this study, such as different scanner models and contrast types, also may influence diagnostic accuracy. Finally, our study was designed to explore the possibility that excessive lowering of tube current reduces the diagnostic accuracy of spot sign rather than to define the optimal balance between radiation exposure, image quality, and clinical outcome. Therefore, we are not able to evaluate the clinical impact of improving CTA specificity and accuracy.

CONCLUSIONS

CTA acquisition protocol influences spot sign detection and accuracy in predicting hematoma expansion. If confirmed, our findings may have important implications for future studies using the CTA spot sign to predict hematoma expansion. Further investigations are needed to establish the optimal balance between radiation delivery, image quality, and diagnostic performance.

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