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Appropriate Minimal Dose of Gadobutrol for 3D Time-Resolved MRA of the Supra-Aortic Arteries: Comparison with Conventional Single-Phase High-Resolution 3D Contrast-Enhanced MRA

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ABSTRACT

BACKGROUND AND PURPOSE: The development of nephrogenic systemic fibrosis and neural tissue deposition is gadolinium dose-dependent. The purpose of this study was to determine the appropriate minimal dose of gadobutrol with time-resolved MRA to assess supra-aortic arterial stenosis with contrast-enhanced MRA as a reference standard.

MATERIALS AND METHODS: Four hundred sixty-two consecutive patients underwent both standard-dose contrast-enhanced MRA and low-dose time-resolved MRA and were classified into 3 groups; group A (a constant dose of 1 mL for time-resolved MRA), group B (2 mL), or group C (3 mL). All studies were independently evaluated by 2 radiologists for image quality by using a 5-point scale (from 0 = failure to 4 = excellent), grading of arterial stenosis (0 = normal, 1 = mild [$<30\%$], 2 = moderate [$30\%–69\%$], 3 = severe to occlusion [$\geq 70\%$]), and signal-to-noise ratio.

RESULTS: The image quality of time-resolved MRA was similar to that of contrast-enhanced MRA in groups B and C, but it was inferior to contrast-enhanced MRA in group A. For the grading of arterial stenosis, there was an excellent correlation between contrast-enhanced MRA and time-resolved MRA ($R = 0.957$ for group A, $R = 0.988$ for group B, $R = 0.991$ for group C). The SNR of time-resolved MRA tended to be lower than that of contrast-enhanced MRA in groups A and B. However, SNR was higher for time-resolved MRA compared with contrast-enhanced MRA in group C.

CONCLUSIONS: Low-dose time-resolved MRA is feasible in the evaluation of supra-aortic stenosis and could be used as an alternative to contrast-enhanced MRA for a diagnostic technique in high-risk populations.

ABBREVIATIONS: CCA = common carotid artery; CE-MRA = contrast-enhanced MRA; GBCA = gadolinium-based contrast agent; TRICKS = time-resolved imaging of contrast kinetics; TR-MRA = time-resolved MRA

Digital subtraction angiography remains the criterion standard for evaluation of supra-aortic steno-occlusive disease, with excellent spatial and temporal resolution. However, it is a time-consuming and invasive technique and is associated with several risks, including transient ischemic attack, permanent neurologic deficit, iodine contrast nephrotoxicity, and exposure to ionizing radiation.^{1–3} Consequently, DSA has largely been reserved for interventions for extracranial and intracranial steno-occlusive disease or in cases of uncertain findings on noninvasive imaging studies.⁴ Noninvasive angiography techniques such as

CTA and MRA are typically used for routine diagnostic procedures. Recently, 3D high-resolution contrast-enhanced MRA (CE-MRA) has become widely used as an excellent alternative imaging technique for the assessment of supra-aortic steno-occlusive disease.⁵

Gadolinium-based contrast agents (GBCAs) were initially thought to be safe in patients with reduced renal function rather than iodine-based contrast agents.⁶ Recently, a positive association between nephrogenic systemic fibrosis and exposure to GBCAs in patients with renal failure has been described.⁷ Several studies showed a relationship between high doses of GBCAs and increased nephrogenic systemic fibrosis risk.^{8–11} Also, in the past 2 years, several studies regarding gadolinium retention in intracranial neuronal tissues have been published.^{12–14} The development of nephrogenic systemic fibrosis with exposure to GBCAs and gadolinium deposition in neuronal tissue is dose-dependent; therefore, caution has been advised when administering GBCAs.^{13,15} There is increasing interest in dose-reduction strategies that maintain diagnostic image quality.¹⁶ Time-resolved MRA (TR-MRA) is used clinically to offer combined anatomic

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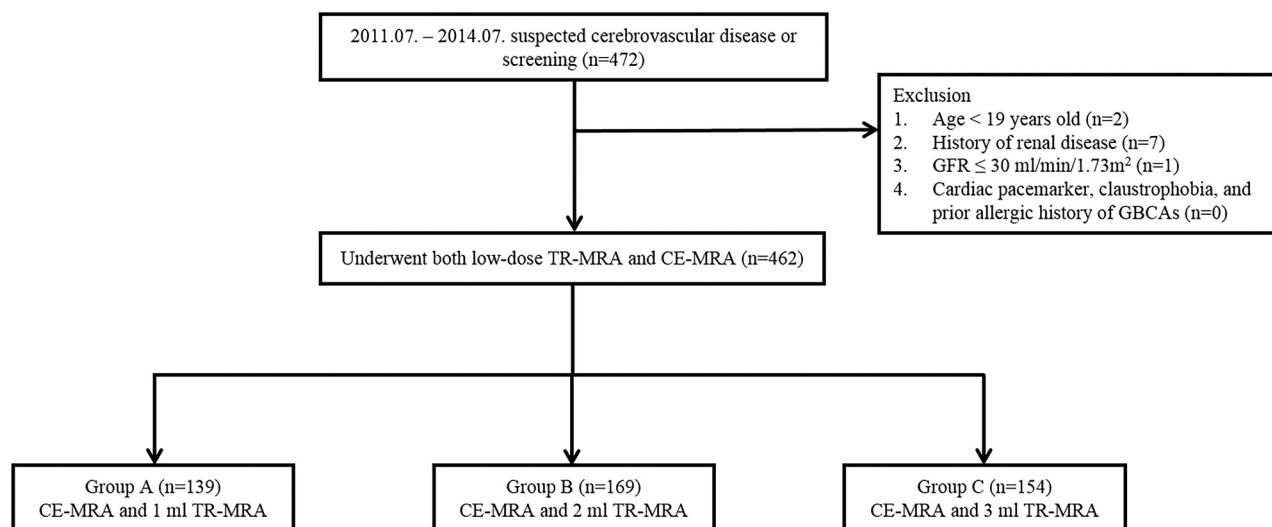


FIG 1. Flow chart of the study population.

and hemodynamic information of the supra-aortic vessels, and another advantage of TR-MRA is the requirement for low-dose GBCAs.^{2,3,16,17} Several studies have demonstrated that TR-MRA with low-dose GBCAs yields comprehensive anatomic and functional information with high sensitivity and negative predictive values.^{2,3,17–20}

The purpose of this study was to determine the appropriate minimal dose for TR-MRA to assess supra-aortic arterial stenosis with CE-MRA as a reference standard.

MATERIALS AND METHODS

Study Population

This retrospective study was approved by the institutional review board of Konkuk University Hospital, and informed consent was waived. Between July 2011 and July 2014, 462 consecutive patients underwent both standard-dose CE-MRA and low-dose TR-MRA. TR-MRA was performed with reducing GBCA doses at intervals of 1 year (3, 2, and 1 mL of 1 mmol/mL of GBCA in each year). Clinical indications for MRA included suspected stroke ($n = 231$), vertigo/dizziness ($n = 119$), headache ($n = 49$), seizure ($n = 10$), general examination ($n = 25$), visual disturbance ($n = 11$), tremor ($n = 7$), carotid stenosis ($n = 4$), aneurysm ($n = 1$), hearing difficulty ($n = 1$), tinnitus ($n = 2$), and metabolic disease ($n = 2$). All patients were classified into 3 groups by contrast dose. Group A ($n = 139$), group B ($n = 169$), and group C ($n = 154$) received a constant dose of 1, 2, and 3 mL of GBCA for TR-MRA, respectively (Fig 1). Exclusion criteria included standard contraindications to MR imaging (eg, cardiac pacemaker, claustrophobia, and prior allergic history of GBCAs), patients younger than 19 years of age, history of renal disease, and a glomerular filtration rate of <30 mL/min/1.73 m².

Image Acquisition

All examinations were performed on a 3T MR imaging system (Signa HDx; GE Healthcare, Milwaukee, Wisconsin) with a 16-channel HNS coil (GE Healthcare). All examinations were performed by experienced technicians and were supervised by experienced neuroradiologists (H.G.R. and J.W.C.).

The imaging protocol for MRA included supra-aortic TR-MRA, followed by CE-MRA. The CE-MRA imaging parameters were as follows: TR/TE = 4.5/1.5 ms, flip angle = 30°, FOV = 300 mm, matrix = 448 × 256, section thickness = 1.2 mm interpolated to 0.6 mm, bandwidth = 83.33 kHz. For CE-MRA, an automatic power injection (Spectris Solaris EP; MedRad, Indianola, Pennsylvania) of 0.1 mmol/kg body weight of gadobutrol (Gadovist; Bayer Schering Pharma, Berlin, Germany) was used at a flow rate of 3 mL/s, followed by a saline chase of 20 mL.

TR-MRA was performed by the repetitive acquisition of coronal 3D imaging slabs extending from the aortic arch to the middle cerebral artery in a caudocranial extent. The TR-MRA method used this study was the commercial technique of time-resolved imaging of contrast kinetics (TRICKS; GE Healthcare) MRA. The TRICKS MRA imaging parameters were as follows: TR/TE = 3.1/1.1 ms, flip angle = 20°, FOV = 320 mm, matrix = 320 × 192, section thickness = 2.8 mm interpolated to 0.7 mm, bandwidth = 83.33 kHz, and temporal resolution = 2.5 seconds. A constant dose of 1 mL (group A), 2 mL (group B), or 3 mL (group C) of gadobutrol was injected at a flow rate of 3 mL/s, followed by a saline flush of 20 mL. TR-MRA was initiated 12 seconds after the injection of contrast medium.

Image Analysis

Two radiologists (S.H.B. and H.S.A.) interpreted the postprocessed coronal maximum-intensity-projection images of CE-MRA and TR-MRA on a dedicated PACS station. The radiologists were blinded to clinical information and contrast agent dose protocol, but they were not blinded to the MRA techniques. Grading was mainly based on the postprocessing MIP images. When MIP images were unclear, source data were used for analysis. For qualitative analysis, the arterial system was divided into 14 segments: right brachiocephalic artery, right and left subclavian arteries, right and left common carotid arteries (CCAs), right and left extracranial internal carotid arteries, right and left intracranial ICAs, right and left vertebral artery orifices, right and left vertebral arteries, and the basilar artery.

Both CE-MRA and TR-MRA datasets were assessed for image quality. Each arterial segment was graded for image quality with a 5-point scale: 0 = failure of segmental visualization, 1 = poorly visualized with severe blurring and/or artifacts, 2 = moderate visualization with moderate blurring and/or artifacts, 3 = good segmental visualization with minimal blurring and/or artifacts, and 4 = excellent segmental depiction with sharp margins and the absence of blurring and artifacts.^{5,20} Grade 3 or 4 was considered diagnostic visualization with clear separation of the lumen from the background, whereas grades 0–2 were classified as nondiagnostic visualization. Each reader assessed the entire vessel from its origin to the termination for qualitative analysis.⁵

Contaminating venous enhancement was assessed by using a 4-point scale: 0 = no venous contamination, 1 = minimal with no influence on image interpretation, 2 = moderate limiting diagnostic confidence, and 3 = severe venous contamination with markedly limited diagnostic interpretation.

Stenosis was rated by using a 4-point scale with 0 = no stenosis, 1 = mild stenosis (<30% luminal reduction), 2 = moderate stenosis (30%–69%), and 3 = severe stenosis to occlusion (≥70%).²¹ When ≥2 stenoses were detected, the most severe stenosis was selected for grading.

The signal-to-noise ratio was measured by 1 radiologist (S.H.B.). To evaluate the SNR, the ROI for the arterial segment was placed on each of 12 segmental arteries (right brachiocephalic artery, right and left subclavian arteries, right and left CCAs, right and left extracranial ICAs, right and left intracranial ICAs, right and left vertebral arteries, and the basilar artery) and the background ROI was applied at the right MCA level. The SNR was

calculated as the signal intensity of the segmental artery divided by the SD of the background noise.

Statistical Analysis

The Wilcoxon signed rank test was used to evaluate statistical differences between image quality ratings on CE-MRA and TR-MRA. The Kruskal-Wallis test was used to test for statistical differences in image quality scores assigned to the TR-MRA among the 3 groups. Agreement between CE-MRA and TR-MRA for grading of stenoses was assessed by the Spearman correlation coefficients (*R*). A paired *t* test was performed for assessment of the significant differences in SNR between CE-MRA and TR-MRA. For TR-MRA, 1-way ANOVA was used to assess the SNR among the 3 groups. Interobserver agreement for the image quality and grading of arterial stenosis between 2 readers was calculated by the κ coefficient (κ = 0, poor agreement; κ = 0.01–0.2, slight agreement; κ = 0.21–0.40, fair agreement; κ = 0.41–0.60, moderate agreement; κ = 0.61–0.80, good agreement; κ = 0.80–1.0, excellent agreement). *P* < .05 was considered statistically significant. All analyses were performed by using SPSS for Windows, Version 22.0 (IBM, Armonk, New York).

RESULTS

All patients completed the examination without complications. There were no adverse effects related to the GBCAs. The characteristics of patients are shown in Table 1. Mean body weight was 63.4 kg in group A (80 men, 59 women; mean age, 60.3 ± 13.6 years), 63.9 kg in group B (94 men, 75 women; mean age, 62.2 ± 13.4 years), and 62.4 kg in group C (83 men, 71 women; mean age, 63.2 ± 14.5 years). Clinical characteristics were not significantly different among 3 groups.

Evaluation of Arterial Visualization

For group A, the mean image-quality scores in 1946 arterial segments were 3.75 (range, 1–4) for CE-MRA and 3.45 (range, 1–4) for TR-MRA. The κ coefficient revealed excellent interobserver agreement in the scoring of image quality for both CE-MRA (κ = 0.985) and TR-MRA (κ = 0.972). The distribution of scores of image quality is shown in Table 2. Except for right/left intracranial ICAs, arterial delineation scores of CE-MRA in all arterial seg-

Table 1: Demographic characteristics^a

	Group A (1 mL) (n = 139)	Group B (2 mL) (n = 169)	Group C (3 mL) (n = 154)	P Value
Age (yr)	60.3 ± 13.6	62.2 ± 13.4	63.2 ± 14.5	.184
Male/female	80:59	94:75	83:71	.821
Body weight (kg)	63.4 ± 11.6	63.9 ± 10.3	62.4 ± 10.1	.498
Contrast dose of CE-MRA (mL)	6.3 ± 1.2	6.4 ± 1.0	6.2 ± 1.0	.498
Time between CE-MRA and TR-MRA (sec)	224 ± 21	251 ± 42	233 ± 36	.532

^a Data are means.

Table 2: Comparison of image quality between 2 MRA techniques in the 3 groups

Arterial Segment	Group A					Group B					Group C				
	CE-MRA		TR-MRA		P	CE-MRA		TR-MRA		P	CE-MRA		TR-MRA		P
	Mean	Range	Mean	Range		Mean	Range	Mean	Range		Mean	Range	Mean	Range	
Right brachiocephalic trunk	3.96	3–4	3.58	2–4	.000	3.97	3–4	3.91	3–4	.001	3.97	3–4	3.93	3–4	.034
Right subclavian artery	3.93	2–4	3.58	1–4	.000	3.92	1–4	3.92	1–4	.655	3.93	2–4	3.94	3–4	.414
Left subclavian artery	3.77	1–4	3.27	1–4	.000	3.90	2–4	3.85	2–4	.050	3.94	3–4	3.90	3–4	.058
Right CCA	3.91	2–4	3.53	1–4	.000	3.95	3–4	3.91	3–4	.052	3.93	3–4	3.92	3–4	.655
Right extracranial ICA	3.99	3–4	3.54	3–4	.000	3.99	3–4	3.96	3–4	.059	3.99	3–4	4.00	4–4	.317
Right intracranial ICA	3.39	1–4	3.67	2–4	.000	3.45	2–4	3.88	3–4	.000	3.56	2–4	3.91	2–4	.000
Left CCA	3.83	2–4	3.22	1–4	.000	3.92	3–4	3.79	3–4	.000	3.94	3–4	3.92	3–4	.180
Left extracranial ICA	3.99	3–4	3.61	3–4	.000	3.98	3–4	3.96	3–4	.180	3.99	3–4	4.00	4–4	.157
Left intracranial ICA	3.38	1–4	3.63	2–4	.000	3.54	2–4	3.89	3–4	.000	3.62	2–4	3.90	3–4	.000
Right vertebral artery orifice	3.79	1–4	3.33	1–4	.000	3.74	2–4	3.75	2–4	.317	3.77	3–4	3.78	3–4	.705
Right vertebral artery	3.51	1–4	3.22	1–4	.000	3.62	2–4	3.81	2–4	.000	3.62	2–4	3.90	3–4	.000
Left vertebral artery orifice	3.72	3–4	3.19	1–4	.000	3.76	3–4	3.75	2–4	.405	3.77	3–4	3.77	3–4	.808
Left vertebral artery	3.55	1–4	3.20	2–4	.000	3.68	2–4	3.79	2–4	.006	3.72	2–4	3.90	2–4	.000
Basilar artery	3.85	1–4	3.69	2–4	.000	3.88	2–4	3.88	2–4	1.000	3.91	1–4	3.94	1–4	.157

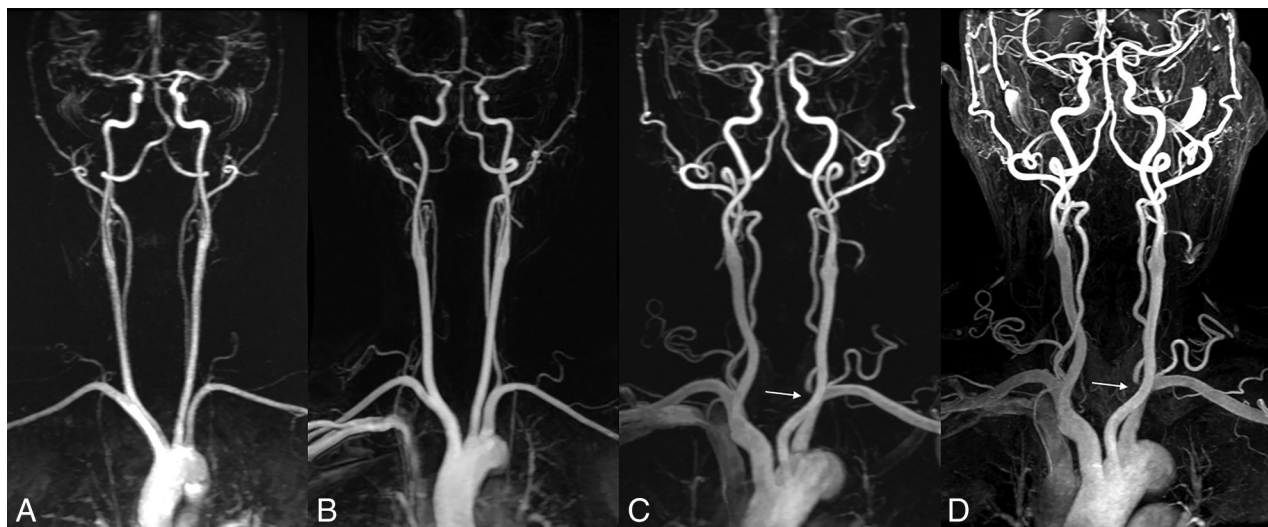


FIG 2. A, TR-MRA with 1 mL of gadobutrol with subtracted coronal MIP images shows good segmental visualization with minimal blurring or undulation of both CCAs, the extracranial ICA, and the vertebral artery. TR-MRA with 2 (B) and 3 mL (C) of gadobutrol with subtraction coronal MIP images shows clear arterial visualization. D, CE-MRA shows mild venous contamination with no influence on the diagnostic interpretation at the intracranial area. TR-MRA with 3 mL of gadobutrol (C) and CE-MRA (D) show severe stenosis of the left vertebral artery origin (arrow) in a 75-year-old man with suspected stroke.

Table 3: Distribution of venous contamination at CE-MRA and TR-MRA in the 3 groups^a

Arterial Segment	Group A				Group B				Group C			
	Grade 0	Grade 1	Grade 2	Grade 3	Grade 0	Grade 1	Grade 2	Grade 3	Grade 0	Grade 1	Grade 2	Grade 3
Right brachiocephalic trunk	138/137	1/1	0/1	0/0	164/165	4/4	1/0	0/0	154/154	0/0	0/0	0/0
Right subclavian artery	61/118	77/19	1/2	0/0	64/123	104/40	1/6	0/0	59/115	93/35	2/4	0/0
Left subclavian artery	128/136	11/0	0/3	0/0	164/168	5/1	0/0	0/0	142/147	10/6	2/1	0/0
Right CCA	110/134	29/4	0/1	0/0	146/156	23/12	0/1	0/0	112/139	41/14	1/1	0/0
Right extracranial ICA	25/101	114/38	0/0	0/0	21/119	148/50	0/0	0/0	5/111	148/43	1/0	0/0
Right intracranial ICA	24/108	109/31	6/0	0/0	24/120	138/49	6/0	1/0	30/114	120/39	4/1	0/0
Left CCA	125/133	14/5	0/1	0/0	158/167	11/2	0/0	0/0	140/148	13/5	1/1	0/0
Left extracranial ICA	28/103	111/36	0/0	0/0	24/111	145/58	0/0	0/0	15/109	137/45	2/0	0/0
Left intracranial ICA	25/97	102/40	12/2	0/0	19/115	142/53	8/1	0/0	32/112	115/42	7/0	0/0
Right vertebral artery orifice	122/137	17/1	0/1	0/0	151/160	17/6	1/3	0/0	132/145	22/7	0/2	0/0
Right vertebral artery	54/112	84/27	1/0	0/0	68/139	101/29	0/1	0/0	45/126	104/27	5/1	0/0
Left vertebral artery orifice	132/139	7/0	0/0	0/0	166/167	3/1	0/1	0/0	143/151	10/3	0/0	1/0
Left vertebral artery	51/115	86/24	2/0	0/0	63/145	105/24	1/0	0/0	51/131	101/22	2/1	0/0
Basilar artery	29/119	103/16	6/4	1/0	51/142	105/25	13/2	0/0	36/134	111/20	7/0	0/0

^a Data are number of segments for CE-MRA/TR-MRA.

ments was higher than those of TR-MRA, and there was a statistically significant difference between the 2 techniques ($P < .000$).

For group B, mean image quality scores in 2366 arterial segments were 3.81 (range, 1–4) for CE-MRA and 3.86 (range, 1–4) for TR-MRA. The κ coefficient revealed excellent interobserver agreement in the scoring of image quality for both CE-MRA ($\kappa = 0.982$) and TR-MRA ($\kappa = 0.971$). For group C, the mean image-quality scores in a total of 2156 arterial segments were 3.83 (range, 1–4) for CE-MRA and 3.91 (range, 1–4) for TR-MRA. The κ coefficient revealed excellent interobserver agreement in the scoring of image quality for both CE-MRA ($\kappa = 0.991$) and TR-MRA ($\kappa = 0.969$). For groups B and C, most of the arterial segments had no statistically significant difference in scores of image quality between the 2 techniques ($P > .05$). However, arterial delineation scores of TR-MRA in the right/left intracranial ICAs and right/left vertebral arteries were statistically significantly higher than those of CE-MRA in groups B and C (Table 2).

With regard to TR-MRA, age, sex, and body weight-adjusted arterial delineation scores among the 3 groups were statistically different ($P < .000$). As the dose increased, the arterial delineation

scores of TR-MRA showed a tendency to improve (mean = 3.43 for group A, mean = 3.86 for group B, mean = 3.91 for group C) (Fig 2).

Evaluation of Venous Contamination

The distribution of venous contamination at CE-MRA and TR-MRA in the 3 groups is shown in Table 3. The venous contamination of CE-MRA tended to be higher than that of TR-MRA (45.9% versus 13.2% in group A, 45.8% versus 15.6% in group B, 49.2% versus 14.8% in group C). On CE-MRA, group A showed 29 (1.5%) segments, group B showed 31 (1.3%), and group C showed 35 (1.6%) segments with moderate-to-severe venous contamination, while group A showed 15 (0.8%) segments, group B showed 16 (0.7%) segments, and group C showed 12 (0.6%) segments with moderate-to-severe venous contamination on TR-MRA.

Evaluation of Arterial Stenosis

The distribution of stenosis at CE-MRA and TR-MRA in the 3 groups is shown in Table 4. Concerning the grading of arterial

Table 4: Evaluation of stenosis at CE-MRA and TR-MRA in the 3 groups

CE-MRA	Group A TR-MRA					Group B TR-MRA					Group C TR-MRA				
	0	1	2	3	Total	0	1	2	3	Total	0	1	2	3	Total
0	1766	2	3	2	1773	2149	1	0	0	2150	1947	1	0	0	1948
1	6	57	4	0	67	0	98	2	0	100	1	102	1	0	104
2	1	4	69	1	75	3	3	76	0	82	0	4	75	0	79
3	0	0	0	31	31	0	0	0	34	34	1	0	0	24	25
Total	1773	63	76	34	1946	2152	102	78	34	2366	1949	107	76	24	2156

Table 5: Comparison of SNR between 2 MRA techniques in the 3 groups^a

Arterial Segment	Group A			Group B			Group C		
	CE-MRA	TR-MRA	P	CE-MRA	TR-MRA	P	CE-MRA	TR-MRA	P
Right brachiocephalic trunk	211.2 ± 50.6	144.0 ± 47.6	.000	203.0 ± 45.3	211.2 ± 61.1	.019	204.0 ± 116.0	230.8 ± 65.9	.011
Right subclavian artery	150.8 ± 41.0	97.8 ± 32.0	.000	144.2 ± 36.6	154.0 ± 81.9	.099	135.2 ± 37.0	167.4 ± 110.7	.000
Left subclavian artery	163.3 ± 35.3	100.9 ± 29.3	.000	157.0 ± 34.0	154.0 ± 40.4	.276	152.3 ± 36.6	174.9 ± 45.7	.000
Right CCA	172.1 ± 45.5	103.9 ± 32.6	.000	164.8 ± 42.1	156.4 ± 48.7	.017	157.1 ± 44.9	173.8 ± 47.3	.000
Right extracranial ICA	190.4 ± 63.9	107.0 ± 38.9	.000	177.4 ± 53.5	166.4 ± 57.4	.003	176.5 ± 54.5	193.1 ± 61.3	.001
Right intracranial ICA	280.1 ± 77.4	136.3 ± 46.6	.000	289.9 ± 172.2	226.3 ± 74.7	.000	274.5 ± 71.3	280.1 ± 77.2	.364
Left CCA	200.6 ± 48.8	112.9 ± 33.3	.000	189.7 ± 45.9	172.2 ± 43.2	.000	183.6 ± 50.1	200.2 ± 52.0	.000
Left extracranial ICA	220.8 ± 66.0	120.1 ± 38.5	.000	204.2 ± 59.3	184.9 ± 62.0	.000	199.8 ± 61.5	224.1 ± 70.8	.000
Left intracranial ICA	300.5 ± 73.2	144.9 ± 47.1	.000	295.3 ± 63.5	240.4 ± 66.1	.000	291.1 ± 70.8	301.7 ± 82.5	.137
Right vertebral artery	165.3 ± 52.9	71.8 ± 27.7	.000	158.4 ± 57.3	115.8 ± 57.9	.000	158.0 ± 55.2	136.2 ± 56.4	.000
Left vertebral artery	169.6 ± 60.7	73.7 ± 25.6	.000	167.4 ± 53.8	122.1 ± 49.8	.000	170.6 ± 55.3	149.1 ± 52.2	.000
Basilar artery	223.2 ± 59.5	80.7 ± 29.5	.000	229.9 ± 55.4	136.1 ± 62.8	.000	230.5 ± 46.9	165.5 ± 54.9	.000

^a Data are means.

stenosis, there was an excellent correlation between CE-MRA and TR-MRA in the 3 groups ($R = 0.957$ for group A, $R = 0.988$ for group B, $R = 0.991$ for group C; all $P < .000$). For evaluation of arterial stenosis, interobserver agreement for each MRA technique in the 3 groups indicated excellent agreement ($\kappa = 0.988-0.998$).

Vascular SNR

Table 5 presents a comparison of mean SNR between CE-MRA and TR-MRA in the 3 groups. In groups A and B, the SNR of TR-MRA tended to be significantly lower than that of CE-MRA (204.1 ± 73.3 for CE-MRA, 107.7 ± 43.7 for TR-MRA, $P < .000$ in group A; 199.0 ± 84.2 for CE-MRA, 170.8 ± 71.0 for TR-MRA, $P < .000$ in group B). The SNR was higher for TR-MRA compared with CE-MRA in group C, except for both vertebral arteries and the basilar artery (194.4 ± 77.3 for CE-MRA, 199.7 ± 82.9 for TR-MRA, $P = .004$). With regard to TR-MRA, the measured SNR was highest for group C (199.7 ± 82.9) followed by group B (170.8 ± 71.0) and group A (107.7 ± 43.7) ($P < .000$).

DISCUSSION

CE-MRA has emerged as a powerful noninvasive imaging technique for morphologic assessment of steno-occlusive disease and is widely used in clinical practice.⁵ All GBCAs approved for MRA have been considered to have a relatively wide safety margin (0.1–0.3 mmol/kg) and have been recommended as a substitute for iodine-based contrast agents in patients with reduced renal function in CTA.^{13,22} A significant association between nephrogenic systemic fibrosis and exposure or the dose of GBCAs is well-known; therefore, the use of GBCAs and iodine-based contrast agents is limited in patients with reduced renal function.⁷⁻¹¹ In the past 2 years, studies have suggested that there is a risk of gadolinium deposition in neural tissue following repeat GBCA administration in patients with

normal renal function, and a dose-dependent relationship between gadolinium administration and brain deposition has been described, though the clinical significance of gadolinium retention remains unclear.^{12,14,15,23} A number of attempts have been made to reduce the dose of GBCAs. TR-MRA can provide anatomic or hemodynamic information with a small dose of GBCA.² Therefore, given the findings of nephrogenic systemic fibrosis and gadolinium deposition in the brain, TR-MRA has the potential to be an alternative technique.¹⁶ In our study, low-dose TR-MRA with 1 mL of GBCA produced suboptimal image quality, whereas the image quality of TR-MRA with 2 or 3 mL of GBCA was comparable with that of CE-MRA. When using 3 mL, the SNR of TR-MRA was higher than that of CE-MRA. The data demonstrated that TR-MRA with only 1 mL of GBCA could be useful for detection of supra-aortic arterial stenosis.

In a previous study, TR-MRA with a full dose of GBCA was comparable with DSA for the grading of stenosis.²⁴ Lohan et al²⁰ reported that TR-MRA with 3 mL of Gd-DTPA (0.5 mmol/mL) preserved the overall image quality, whereas image quality with 1.5 mL of contrast dose was associated with more suboptimal quality. Also, Lee et al²⁵ demonstrated that TR-MRA with an injection of 0.03 mmol/kg of gadoterate meglumine was feasible and effective in the diagnosis of supra-aortic arterial stenosis. Gadobutrol is a macrocyclic and nonionic agent that has the lowest risk of nephrogenic systemic fibrosis but it can also result in neural tissue deposition.^{6,13,14,26} Similar to previous studies, our study showed that the image quality of TR-MRA with 1 mL of gadobutrol was inferior to that of CE-MRA, whereas the image quality of TR-MRA with 2 and 3 mL was not statistically different from that of CE-MRA. Several studies demonstrated that low-dose TR-MRA showed highly concordant results for the evaluation of stenosis.^{2,3,20} Our study showed complementary results. In

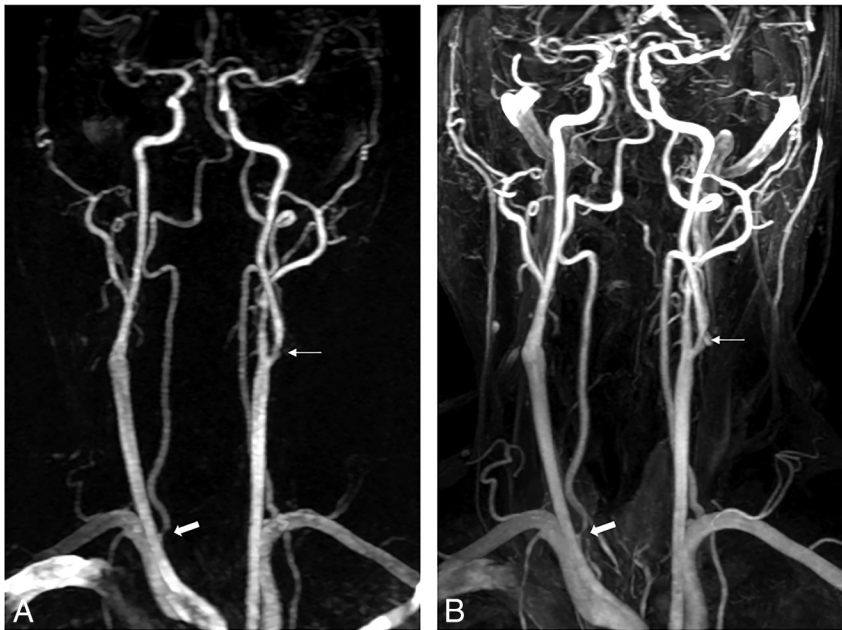


FIG 3. A 52-year-old man with suspected transient ischemic attack. TR-MRA with 1 mL of gadobutrol (A) and CE-MRA (B) show moderate stenosis at the origin of the right vertebral artery (*thick arrow*) and mild stenosis of the left proximal extracranial ICA (*thin arrow*).

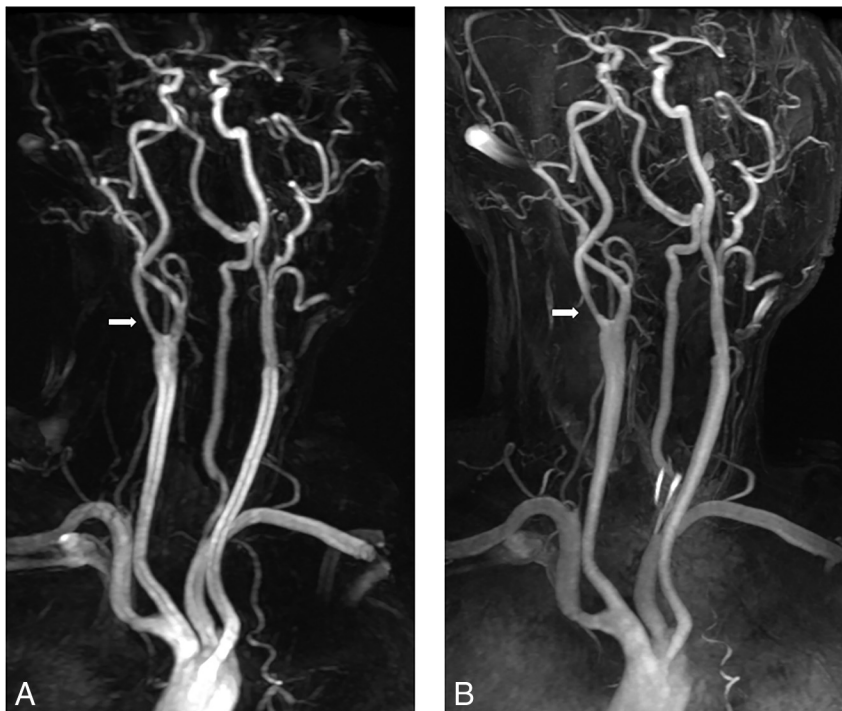


FIG 4. A 74-year-old man with suspected stroke. TR-MRA with 2 mL of gadobutrol (A) and CE-MRA (B) show moderate stenosis in the proximal extracranial ICA (*thick arrow*).

all groups, low-dose TR-MRA had good correlation for the assessment of stenosis compared with CE-MRA ($R = 0.957\text{--}0.991$) (Figs 3 and 4).

The key to the success of CE-MRA is the acquisition of the central lines of k -space during peak arterial enhancement.^{27,28} However, this is challenging because of rapid arterial-venous transit and the short duration of the arterial phase (~ 10 seconds) rather than the acquisition time for CE-MRA (~ 30 seconds).^{28,29}

On the other hand, TR-MRA enables visualization of the temporal dynamics of blood flow and captures a clear arterial phase with minimal venous contamination.^{16,30,31} Commercial TR-MRA techniques such as TRICKS, time-resolved imaging with stochastic trajectories (TWIST; Siemens, Erlangen, Germany), or 4D TR-MRA with Keyhole (4D-TRAK; Philips Healthcare, Best, the Netherlands) should provide a similar level of image quality.³² In this study, TRICKS was used. Venous contamination occurred 3 times more often on CE-MRA compared with TR-MRA. Venous contamination that influenced image interpretation was mostly seen in both the intracranial ICAs and basilar arteries on CE-MRA (Fig 2). In all 3 groups, image quality of both intracranial ICAs affected by venous enhancement was rated significantly lower for CE-MRA compared with TR-MRA ($P < .000$).

A high SNR is desirable to accurately depict arterial stenosis.²⁷ In our data, the mean SNR of TR-MRA with 1 and 2 mL of GBCA was inferior to the SNR of CE-MRA. TR-MRA effectively eliminated venous contamination, and background signal can be subtracted with the mask images.³² Thus, our study shows that the mean SNR was higher for TR-MRA with 3 mL of GBCA compared with CE-MRA (194.4 ± 77.3 for CE-MRA, 199.7 ± 82.9 for TR-MRA, $P = .004$) and an increased SNR of TR-MRA with a dose of 3 mL led to a similar score of image quality of arterial visualization compared with CE-MRA. Voth et al³³ demonstrated that full-dose gadolinium MRA results in higher SNR compared with a half dose. With regard to TR-MRA, the SNR increased as the dose increased (199.7 ± 82.9 for a dose of 3 mL, 170.8 ± 71.0 for a dose of 2 mL, and 107.7 ± 43.7 for a dose of 1 mL).

The present study has some limitations. First, the study retrospectively compared CE-MRA and TR-MRA, and TR-MRA for grading of stenosis

was not compared with DSA or CTA. CE-MRA has been validated as a credible criterion standard for supra-aortic artery imaging.^{20,25} However, CE-MRA was limited in the evaluation of some vessels. For example, CE-MRA has a tendency to overestimate arterial stenosis and has frequently shown pseudostenosis of the vertebral artery origin due to weak spatial resolution, intravoxel dephasing, and motion artifacts.³⁴ Validation in a prospective study will be necessary for comparison be-

tween low-dose TR-MRA and DSA regarding the accuracy in grading of the stenosis. However, the results of our study provide valuable information on the feasibility of low-dose TR-MRA with a relatively large number of patients. Second, there were a relatively small number of patients with stenosis because this study was retrospective and most patients underwent MRA for suspected intracranial or extracranial vascular lesions as well as screening. Third, venous contamination of CE-MRA may have been affected by previous TR-MRAs.

CONCLUSIONS

The image quality and diagnostic agreement for stenotic disease of TR-MRA were not inferior to those of CE-MRA for all 3 doses and appear better for 2- and 3-mL doses compared with a 1-mL dose. Patients with nephropathy and end-stage renal disease become more prevalent recently, and there is an increasing burden of complications associated with GBCA used for diagnosis and management of steno-occlusive disease,^{16,35} though it is unclear whether this finding is clinically significant relative to the risk of the contrast dose. TR-MRA with 2 or 3 mL of gadobutrol may be used as an alternative to CE-MRA for diagnostic techniques in high-risk populations.

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