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Anatomic Malformations of the Middle and Inner Ear in 22q11.2 Deletion Syndrome: Case Series and Literature Review

 E. Verheij,  L. Elden,  T.B. Crowley,  F.A. Pameijer,  E.H. Zackai,  D.M. McDonald-McGinn, and  H.G.X.M. Thomeer

ABSTRACT

BACKGROUND AND PURPOSE: The 22q11.2 deletion syndrome is characterized by a heterogenic phenotype, including hearing loss. The underlying cause of hearing loss, especially sensorineural hearing loss, is not yet clear. Therefore, our objective was to describe anatomic malformations in the middle and inner ear in patients with 22q11.2 deletion syndrome.

MATERIALS AND METHODS: A retrospective case series was conducted in 2 tertiary referral centers. All patients with 22q11.2 deletion syndrome who had undergone CT or MR imaging of the temporal bones were included. Radiologic images were evaluated on predetermined parameters, including abnormalities of the ossicular chain, cochlea, semicircular canals, and vestibule.

RESULTS: There were 26 patients (52 ears) with a CT or MR imaging scan available. A dense stapes superstructure was found in 18 ears (36%), an incomplete partition type II was suspected in 12 cochleas (23%), the lateral semicircular canal was malformed with a small bony island in 17 ears (33%), and the lateral semicircular canal and vestibule were fused to a single cavity in 15 ears (29%).

CONCLUSIONS: Middle and inner ear abnormalities were frequently encountered in our cohort, including malformations of the lateral semicircular canal.

ABBREVIATIONS: 22q11DS = 22q11.2 deletion syndrome; LSCC = lateral semicircular canal

The 22q11.2 deletion syndrome (22q11DS), also known as velocardiofacial syndrome or DiGeorge syndrome, is caused by a microdeletion on the long arm of chromosome 22 and has a heterogenic phenotype.¹⁻³ Otolaryngologic manifestations are frequently present; the most well-known clinical otolaryngologic features are velopharyngeal insufficiency, cleft palate, recurrent otitis media, and hearing loss. Hearing loss is most commonly the conductive type and might merely be related to recurrent otitis media.⁴⁻⁷ However, sensorineural or mixed hearing loss has also been described.^{4,5,7-11}

The underlying cause of hearing impairment, especially the sensorineural component, is still not understood. There are case

reports describing middle or inner ear malformations on radiologic imaging.¹²⁻¹⁵ Recently, a cohort study was conducted in which CT images of the temporal bones of 11 patients with 22q11DS were analyzed. This study found middle ear malformations as well as cochlear, vestibular, and semicircular canal malformations.¹⁶ The anatomic malformations could be present due to genetic abnormalities leading to an error in the embryologic phase. Mouse studies have identified *Tbx1* as a candidate gene responsible for ear abnormalities in 22q11DS.¹⁶⁻¹⁹ Inactivation of *Tbx1* in the otic vesicle in mice leads to disruption of inner ear development.²⁰

The aim of this study was to describe anatomic malformations of the middle and inner ear in these patients, shown on CT and/or MR imaging.

MATERIALS AND METHODS

We conducted a retrospective study at the University Medical Center Utrecht and Children's Hospital of Philadelphia. All patients diagnosed with 22q11DS, confirmed with a microdeletion, who underwent CT or MR imaging of the temporal bones before May 2017 were included. Radiologic images from Children's Hospital of Philadelphia were de-identified and sent to the University Medical Center Utrecht for analysis. Approval from the institu-

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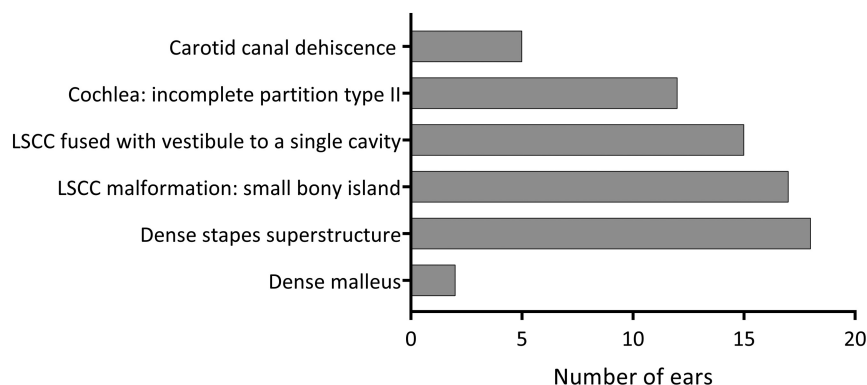


FIG 1. Radiologic malformations of the middle and inner ear encountered in 52 ears.

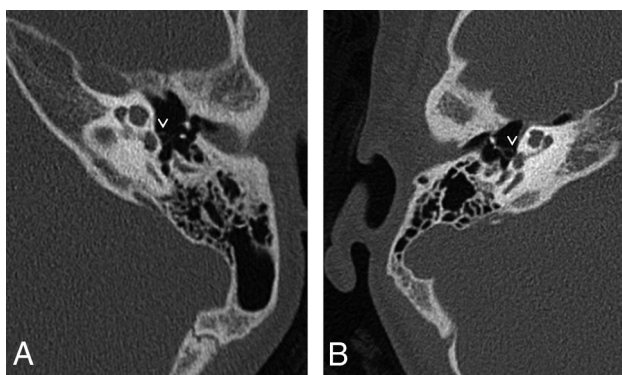


FIG 2. A, Axial CT image of the left mastoid shows a normal stapes superstructure for comparison with B. B, Axial CT image of the right mastoid shows a dense, thick stapes superstructure. The pure tone audiogram of this patient is shown in Fig 5B. The mastoid bones shown in A and B do not belong to the same patient.

tional review board from Children's Hospital of Philadelphia was obtained, and the medical ethics committee of the University Medical Center Utrecht deemed this study exempt from review.

The first author and F.A.P. (head and neck radiologist with >20 years' experience) evaluated the radiologic studies to determine the nature and prevalence of temporal bone abnormalities based on a series of predetermined features. We assessed ossicular chain abnormalities, the course of the facial nerve, malformations of the cochlea, malformations of the semicircular canals, vestibule widening, enlargement of the vestibular aqueduct, and carotid canal dehiscence. We scored features as present, partially present, or absent. We measured the bony island of the lateral semicircular canal (LSCC) and vestibule width to compare with previously defined normal measurements of the bony island of the lateral semicircular canal.²¹ The bony island was considered normal when the axial diameter was between 3.0 and 4.4 mm. For the vestibule width, an axial diameter between 2.8 and 4.0 mm was considered normal. For assessing the density of hearing ossicles, to our knowledge, no normal ranges in densities are described in the literature; therefore, we relied on the expertise of our head and neck radiologist. When one of the hearing ossicles displayed an increased density and/or general thickening on standard windows (especially the stapes superstructure), we recorded this ossicle as "dense."

The medical records were reviewed to determine the primary reason for obtaining CT or MR imaging and to collect data in-

cluding pure tone audiogram information. Furthermore, tympanometry information, history of chronic otitis media, and history of dizziness or balance problems were collected. Hearing loss was defined as a pure tone average (average, 0.5, 1, 2, and 4 kHz) of >20 dB hearing level, in concordance with the American Academy of Otolaryngology–Head and Neck Surgery 1995 guidelines.²² Conductive hearing loss was considered when the average air-conduction threshold was >20 dB, and the air-bone gap was ≥10 dB at ≥1 frequency. Sensorineural hearing loss was

defined as hearing loss with an air-bone gap of <10 dB in all frequencies, and mixed hearing loss, as an average air and bone conduction threshold of >20 dB and an air-bone gap of ≥10 dB at ≥1 frequency. Tympanometry results were classified into type A (representing the normal situation), type B (flat curve, indicating middle ear effusion), type C (negative peak pressure), type As (a small pressure peak, representing a decreased mobility of the ossicular chain), and type Ad (a high pressure peak, indicating an increased mobility of the ossicular chain).

RESULTS

Baseline Characteristics

Of approximately 300 patients followed at the University Medical Center Utrecht and the 1300 patients from Children's Hospital of Philadelphia, 26 patients (52 ears), 14 males and 12 females, underwent radiologic imaging of the temporal bones (11 patients from the University Medical Center Utrecht, 15 patients from Children's Hospital of Philadelphia). The indications for imaging were hearing loss that could not be explained by otoscopic findings ($n = 10$), chronic otitis media ($n = 13$), both unexplained hearing loss and chronic otitis media ($n = 2$), or areal atresia ($n = 1$). MR imaging was performed in 1 patient; all other patients underwent CT of the temporal bones. One patient likely had a second genetic disorder, in addition to a microdeletion on chromosome 22q11.2.

Radiologic Outcomes

Radiologic findings are shown in Fig 1.

Middle Ear

Aural atresia was seen affecting the external auditory canal and middle ear in 1 ear. The middle ear was small and contained 1 rudimentary hearing ossicle. No stapes, stapes footplate, or facial nerve could be identified. This ear belonged to the patient with a possible second genetic disorder. Eighteen ears (36%) (13 patients) were found to have a dense stapes superstructure (Fig 2), and in 2 ears (1 patient), the manubrium of the malleus was dense. No other abnormalities of the malleus or incus were encountered.

Inner Ear

Malformations of the cochlea and vestibular system were seen. As shown in Fig 1, an incomplete partition type II

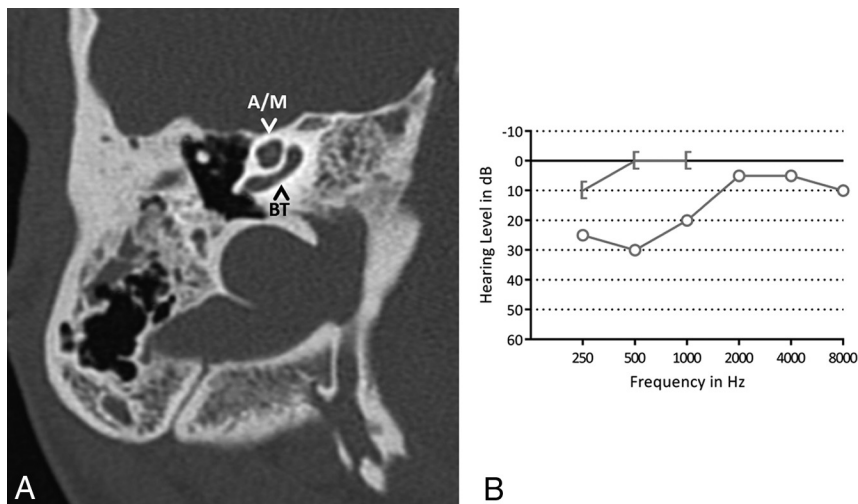


FIG 3. A, Axial CT image of the right mastoid shows an incomplete partition type II of the cochlea. The basal turn (BT) of the cochlea is intact; the apical and middle turn (A/M) seem confluent. B, A pure tone audiogram of the same ear shows normal hearing. The circle indicates an unmasked air-conduction threshold; the bracket, a masked bone-conduction threshold.

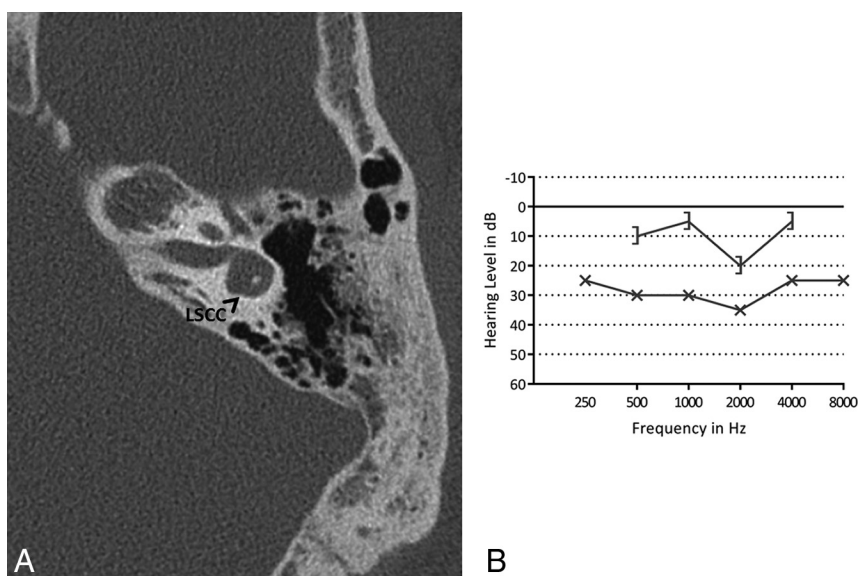


FIG 4. A, Axial CT image of left mastoid bone shows the lateral semicircular canal with a small bony island. B, A pure tone audiogram of the same ear shows a mild conductive hearing loss. The x indicates an unmasked air-conduction threshold; the bracket, a masked bone-conduction threshold.

of the cochlea was suspected in 12 ears (23%) (7 patients). This malformation was frequently subtle and easy to overlook (Fig 3).

In 17 ears (33%) (11 patients), the bony island of the LSCC was small (Fig 4), measuring between 2.6 and 1.1 mm. No evidence of widening of the vestibule was observed, including in the ears with a small bony island (the widest vestibule measured 3.9 mm). In 15 ears (29%) (9 patients), the LSCC and vestibule were fused to a single cavity (Fig 5). Two patients had an LSCC with a small bony island in 1 ear and a single cavity in the contralateral ear. In addition, in 1 ear with a normally formed LSCC, there was a disruption of the posterior semicircular canal, consisting of 2 blind limbs. Superior semicircular canal dehiscence was seen in 1 ear.

Last, in 5 ears (10%) (4 patients), a dehiscence of the carotid canal was present (Fig 6). The vestibular aqueduct and the facial nerve were normal in all cases, except in the ear with an aural atresia, where the facial nerve could not be identified.

Audiologic Findings

Twenty-seven ears belonging to 18 patients showed hearing loss on a pure tone audiogram. Sixteen ears had conductive, 6 ears had sensorineural, and 5 had ears mixed hearing loss. The median pure tone average of the ears with hearing loss was 33.75 dB hearing level (range, 21–100 dB hearing level). In 1 patient, there was no pure tone audiogram available. This patient had undergone a visual reinforcement audiometry and a brain stem evoked response audiometry, which was suspect for a pure sensorineural hearing loss in the right ear and a mixed hearing loss in the left ear. The patient with an aural atresia did not have an audiogram of the atretic ear. The type of hearing loss compared with the encountered anatomic malformations is summarized in Table 1. Tympanometry was performed in 42 ears in 4 ears the test failed, and in the remaining 6 ears, no tympanogram was available in the medical files. A normal tympanogram finding (type A) was present in 18 ears; a type B was present in 5 ears; a type C, in 3 ears; a type As, in 10 ears; a type Ad, in 1 ear; and in 5 ears, a large volume was shown on tympanometry. The tympanometry results from the ears with middle ear abnormalities are shown in Table 1. Of the 12 ears with a dense stapes superstructure and an available tympanogram, 3 ears had a type As tympanogram, indicating decreased mobility of the ossicular chain.

Otologic and Vestibular Findings

Five patients had no history of recurrent otitis media. All other patients ($n = 21$) had either recurrent otitis media with effusion or recurrent acute otitis media or both. All patients with a dense hearing ossicle had a history of recurrent otitis media. One patient was reported to experience occasional dizziness and another patient showed normal compensatory eye movements when tested for the vestibulo-ocular reflex. The patient with occasional dizziness had an LSCC with a small bony island on one side and a single cavity on the other side. In the patient with normal compensatory eye movements, the vestibule and LSCC were bilaterally fused to a single cavity. We presume that no other patient had vestibular symptoms because these symptoms were not mentioned in the medical records.

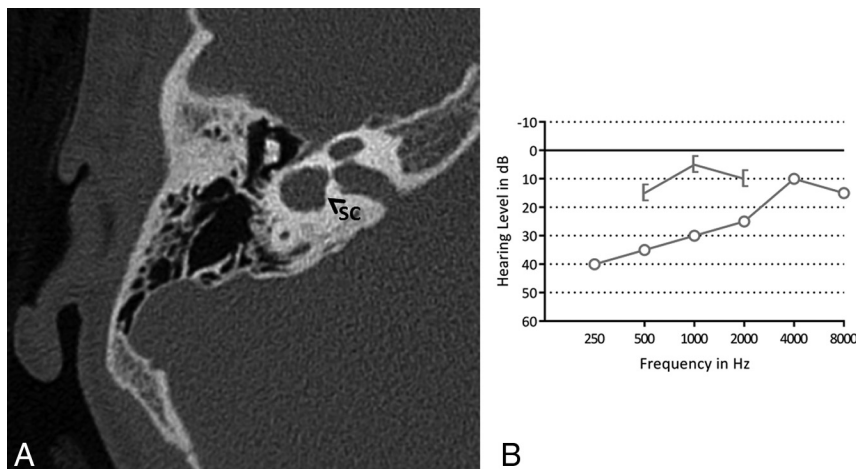


FIG 5. A, Axial CT image of the right mastoid bone. The bony island of the lateral semicircular canal is missing, and the canal and vestibule are composed of a single cavity (SC). B, A pure tone audiogram of the same ear shows conductive hearing loss, more pronounced in the low frequencies. The circle indicates an unmasked air-conduction threshold; the bracket, a masked bone-conduction threshold.

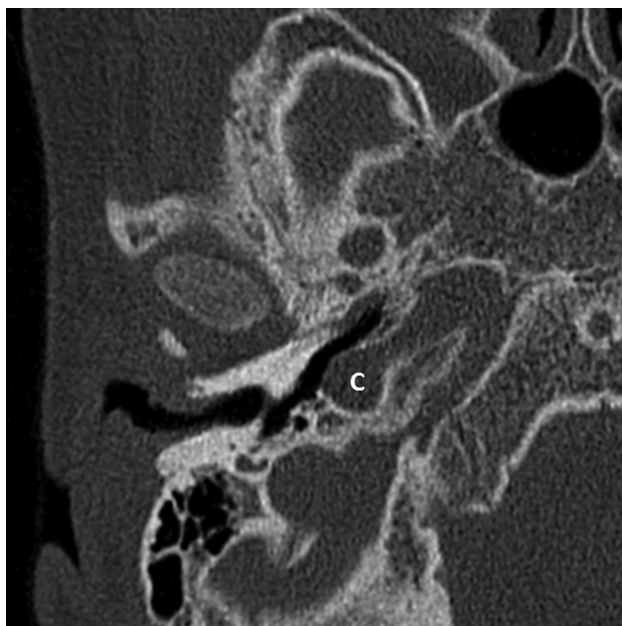


FIG 6. Axial CT image of the right mastoid bone showing a carotid canal dehiscence (C).

DISCUSSION

By pooling data from 2 large centers (University Medical Center Utrecht and Children's Hospital of Philadelphia), we have presented the largest series describing radiographic malformations found in the middle and inner ears of patients with 22q11DS, to our knowledge. In a similar study by Loos et al,¹⁶ CT scans of the temporal bones of 11 patients were analyzed. Table 2 compares the total number of middle and inner ear malformations described in each study. Perhaps the most interesting but incidental finding was when the LSCC and vestibule consisted of a single cavity, as was seen in 29%, and when the LSCC was malformed with a small bony island, present in 33%.

Inner Ear Malformations

Regarding the specific types of vestibular malformations described in the literature, those that resulted in a single cavity have

previously been described in 2 case reports^{13,15} as well as by Loos et al (Table 2).¹⁶ Other vestibular malformations were also reported in the literature. One study retrospectively reviewed brain MR imaging and MRA scans of 24 patients with 22q11DS and found a vestibular dysplasia (the figure in the article showed a single cavity) in 13% of patients. None of these patients had sensorineural hearing loss.²³ This is a lower prevalence than we found. This could be due to the selection of our patients. The indications for radiology in the Bohm et al²³ study were unexplained developmental delay, seizures of unknown etiology, and unilateral weakness, whereas the indications in our population were mainly hearing loss or otitis media. Furthermore, they did not report on a malformed LSCC with a small bony island or an incomplete partition type II of the cochlea.²³ These abnormalities are more subtle and likely more difficult to detect on brain MR imaging compared with an MR imaging of the temporal bones. In addition, 2 case reports described 3 patients who had bilateral poorly formed LSCCs and 1 patient who had bilateral dilation of the vestibule.^{12,24} Loos et al¹⁶ also described 14 ears with a wide vestibule, of which 3 also had a wide LSCC. As described by Casselman et al,²⁵ the vestibule can be considered large when the surface of the bony island of the LSCC is $<6 \text{ mm}^2$. Therefore, we can assume that the malformed LSCC with a small bony island in our series of patients is the same anomaly as a wide vestibule reported by Loos et al, even though the vestibule in our patients, in absolute terms, was not wider than normal considering the measurements described by Purcell et al.²¹

Malformations of the inner ear may result from an error in one of the developmental stages in embryogenesis. A malformed LSCC can occur in combination with normally shaped superior and posterior semicircular canals because the LSCC is developed later compared with the superior and posterior semicircular canals.²⁶ Between 4 and 5 weeks of gestation, the development of the membranous semicircular canals begins. They develop from the dorsal region of the otocyst, which enlarges, and with resorption of the medial walls, a semicircular-shaped duct is formed.²⁷ An error in this resorption will result in a confluent vestibule and canal.²⁸ This was the case in 15 ears in our cohort. In patients with a malformed LSCC with a small bony island, but without a fusion of the canal and vestibule, the development is presumably disrupted at a later stage.^{27,29}

From our chart reviews, clinical findings that may have been directly attributed to inner ear vestibular problems such as vertigo or balance problems were not present in those who had a malformed LSCC on imaging studies. Absent vestibular symptoms in patients without 22q11DS with a malformed LSCC were reported in previous studies.³⁰⁻³² However, more subtle balance problems have frequently been described in the 22q11DS population.³³⁻³⁵ Many of these symptoms can relate to other neuromotor defi-

Table 1: Number of ears with audiometric results per anatomic malformation

Malformation	PTA					Tympanometry ^a					
	No HL (%)	HL				Type					
		C (%)	SN (%)	M (%)	PTA Range in dB	A	B	C	As	Ad	LV
Dense malleus	2 (100)	—	—	—	—	—	—	—	—	—	—
Dense stapes superstructure	7 (39)	6 (33)	1 (6)	4 (22)	21–100	3	3	1	3	—	2
IP type II	5 (42)	3 (25)	1 (8) ^b	3 (25)	38–100	—	—	—	—	—	—
LSCC: small bony island	7 (41)	4 (24)	3 (18) ^b	3 (18) ^b	35–100	—	—	—	—	—	—
LSCC: single cavity	6 (40)	5 (33)	2 (13)	2 (13)	25–96	—	—	—	—	—	—

Note:—HL indicates hearing loss; C, conductive; SN, sensorineural; M, mixed; PTA, pure tone average; A, normal situation; B, flat curve; C, negative peak pressure; As, small pressure peak; Ad, high pressure peak; LV, large volume; IP, incomplete partition.

^a The number of ears does not amount to the total number of ears with a malformation due to missing data.

^b Including 1 ear measured with visual reinforcement audiometry and brain stem evoked response audiometry.

Table 2: Overview of number of ears with middle and/or inner ear abnormalities reported by Loos et al¹⁶ and in the present study

Malformation	Loos et al ¹⁶ ; No. of Ears (%) (Total, 22 Ears)	Present study; No. of Ears (%) (Total, 52 Ears)	Total No. of Ears (%) (Total, 74 Ears)
Malleus, incus, or stapes abnormalities ^a	2 (9)	3 (6) ^b	5 (7) ^c
Dense stapes superstructure	10 (45)	18 (36) ^b	28 (39) ^c
LSCC: single cavity	4 (18)	15 (29)	19 (26)
Wide vestibule/small bony island in LSCC	14 (64)	17 (33)	31 (42)
IP type II	12 (55)	12 (23)	24 (32)
Carotid canal dehiscence	2 (9)	5 (10) ^b	7 (10) ^c

Note:—IP indicates incomplete partition.

^a Other than a dense stapes superstructure.

^b Calculated from a total of 50 ears; bone structures in 2 ears in the present study could not be assessed on MRI.

^c Calculated from a total of 72 ears; bone structures in 2 ears in the present study could not be assessed on MRI.

cits,³³ including motor delay^{36–38} or hypotonia,^{33,38,39} but vestibular problems could also play a role. Prospective research is needed to assess the possible relation among anatomic malformations of the vestibular system, vestibular function, and motor delay in patients with 22q11DS.

A subtle incomplete partition type II was frequently found in our patients. These findings are consistent with those in the study of Loos et al (Table 1).¹⁶ An incomplete partition type II of the cochlea derives from a developmental arrest at the seventh week of gestation. Here the cochlea has 1.5 turns, and there is a defect at the apex of the cochlea between the middle and apical turns. The basal turn and basal part of the modiolus are normally developed.⁴⁰ Other cochlear malformations in 22q11DS have also been previously reported. Loos et al reported on 2 ears with a large basal turn length.¹⁶ One patient described by Devriendt et al¹³ had a malformed cochlea, where the basal turn was broad and the second and apical turns were short.

At a genetic level, both the vestibular and cochlear malformations described in our patients may be associated with *Tbx1*. In patients with 22q11DS, *Tbx1* is hemizygotously deleted. In mutated knockout *Tbx1*^{−/−} mice, the vestibular system and cochlea are absent.^{19,41} Mouse models show an expression of *Tbx1* in the otic vesicle, which forms the membranous inner ear, and in the periotic mesenchyme, which forms the otic capsule and later the bony labyrinth.^{19,41} Studies have indicated that the expression of *Tbx1* in the periotic mesenchyme is necessary for cochlear outgrowth.^{42,43} In addition, *Tbx1* is required for outer and middle ear development.^{20,44}

Hearing impaired as well as normal hearing ears were found to have a dense stapes superstructure, incomplete partition type II of the cochlea, or a malformed LSCC in this study. However, the

relation between hearing loss and abnormalities of the middle or inner ear was not within the scope of this report because selection bias undoubtedly plays a large role. Due to the retrospective design, patients with hearing impairment are more likely to undergo imaging with CT compared with patients with normal hearing. In fact, the indication for the radiologic imaging in 12 patients was unexplained hearing impairment.

We found 5 ears with a dehiscence of the carotid canal. A carotid canal dehiscence is present in approximately 7% of

the general population,^{45,46} in which case our findings suggest a slightly higher prevalence in patients with 22q11DS (10%). In patients with a carotid canal dehiscence, the internal carotid artery is (partly) no longer protected by a bony shield and is exposed in the middle ear. Because patients with 22q11DS often have middle ear infections requiring grommet insertion or even middle ear surgery, otorhinolaryngologists should be aware of the possible presence of a carotid canal dehiscence in patients with 22q11DS.

Middle Ear Abnormalities

We found 1 ear with an aural atresia affecting both the external auditory canal and the middle ear. This patient may have also had a second genetic disorder. Therefore, in this patient, the aural atresia could have been attributed to a disorder other than 22q11DS. Aural atresia has previously been described in 22q11DS by Derbent et al⁴⁷ and Digilio et al.⁴⁸ The patients reported both by Derbent et al and Digilio et al all showed features resembling the oculo-auriculo-vertebral spectrum in addition to 22q11DS.^{47,48} Patients with the oculo-auriculo-vertebral spectrum show defects in organs deriving from the first and second pharyngeal arch. As a result, aural atresia is frequently observed.⁴⁹ Also concluded by Digilio et al,⁴⁸ features resembling the oculo-auriculo-vertebral spectrum could occur in patients with 22q11DS, perhaps more frequently than expected.

In addition, 18 ears with a dense stapes superstructure were encountered. We acknowledge that the diagnosis of a dense stapes superstructure is subjective and these results should be viewed with caution. In the literature, we could not find information on a standardization of the CT density of hearing ossicles. However, when analyzing the CT images of our patients, a dense stapes superstructure was relatively easy to detect by visual analysis. Fur-

thermore, Loos et al¹⁶ found approximately the same number of patients with a dense stapes superstructure (36% versus 45%). This suggests that this finding may be a feature present in patients 22q11DS, though at present, we do not know its clinical significance. We initially assumed that the dense stapes superstructure was a result of chronic otitis media (ie, tympanosclerosis). However, in the study from Loos et al, 1 patient showed this abnormality on day of life 9. This indicated a congenital instead of a postinfectious cause, as stated by the authors.¹⁶ Possibly, the dense stapes superstructures we encountered were also of congenital origin. Moreover, only 3 of the 12 ears with dense stapes superstructures in the present study showed signs of a stiffened ossicular chain on a tympanogram, suggesting a possibly different entity than tympanosclerosis.

Except for a dense manubrium of the malleus and dense stapes, we did not find other abnormalities of hearing ossicles. Many of the affected organs in patients with 22q11DS are derived from the pharyngeal arches.² Although the more caudal arches are more affected in 22q11DS⁵⁰ and hearing ossicles develop from the cranial arches (malleus and incus from the first and stapes from the second pharyngeal arch), we expected to encounter more middle ear malformations. Anomalies of hearing ossicles in 22q11DS are reported in the literature. The first was a patient with conductive hearing loss present since birth, whose imaging revealed “malformation and subluxation of the stapes.”¹⁴ Another report described 2 patients; one patient had a “fusion of the malleus with the incus and a monopodal stapes” shown on CT. CT images of the other patient revealed a “fixation of the malleus at the annulus tympanicus.”¹³ This latter malformation was also encountered by Loos et al¹⁶ in 2 ears where, in addition, the long process of the incus was thin and horizontally oriented. Furthermore, another study described 1 patient with a bilaterally malformed malleus and incus and 1 patient with a unilateral fusion of the malleus with the lateral wall of the middle ear.²⁴

The main limitation of this study is selection bias due to the retrospective design. Only patients with a clinical indication, most likely unexplained hearing loss or chronic or recurrent otitis media, were likely to have undergone radiologic imaging. Therefore, no realistic prevalence should be extracted from this study. The primary purpose of the study was to describe the more common vestibular and cochlear malformations and to consider associations with balance and hearing problems in those who have 22q11DS. Furthermore, some of the encountered abnormalities, especially the incomplete partition type II, are very subtle. Likely, there would be interobserver variability if the same images were also evaluated by a different team.

CONCLUSIONS

Cross-sectional imaging of the temporal bones in a 22q11DS cohort of 26 patients is presented and a review of the literature was performed. A dense stapes superstructure, suspected incomplete partition type II of the cochlea, and LSCC malformations were frequently encountered. Future studies in these patients should preferably include vestibular testing because balance problems are known to contribute to motor development delay in children. Correlation between LSCC malformations and vestibular function would be of interest.

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