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Dilated Vein of the Filum Terminale on MRI: A Marker for Deep Lumbar and Sacral Dural and Epidural Arteriovenous Fistulas

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ABSTRACT

BACKGROUND AND PURPOSE: Conventional MR imaging can provide important clues regarding the location of a spinal vascular malformation. We hypothesized that a dilated vein of the filum terminale, identified as a curvilinear flow void on T2WI, could be an imaging marker for a lower lumbar (L3–L5) or sacral fistula.

MATERIALS AND METHODS: We retrospectively identified all spinal dural and spinal epidural arteriovenous fistulas from 2 large tertiary referral centers from 2005 to 2018. All patients had a lumbar spinal MR imaging and a conventional spinal angiography. Images were reviewed by 2 neuroradiologists who categorized the level of the arterial feeder to the fistula and the presence or absence of a dilated vein of the filum terminale on T2WI and T1 postcontrast images. We calculated the sensitivity, specificity, positive predictive value, and negative predictive value of the presence of a dilated filum terminale vein for a deep lumbar or sacral fistula.

RESULTS: One hundred sixty-two patients were included. An enlarged filum terminale vein was identified in 39 patients. Sensitivity, specificity, positive predictive value, and negative predictive value of the presence of a dilated filum terminale vein for a deep lumbar or sacral fistula were 86%, 98.3%, 94.9%, and 95.1%, respectively.

CONCLUSIONS: The presence of a dilated vein of the filum terminale can accurately localize a spinal dural arteriovenous fistula/spinal epidural arteriovenous fistula to the lower lumbar or sacral spine in patients being evaluated for such lesions. This finding can be used to facilitate both noninvasive and conventional spinal angiography.

ABBREVIATIONS: SDAVF = spinal dural arteriovenous fistula; SEDAVF = spinal epidural arteriovenous fistula; VFT = vein of the filum terminale

Spinal dural arteriovenous fistulas (SDAVFs) and spinal epidural arteriovenous fistulas (SEDAVFs) are the 2 most common types of spinal vascular malformations. These lesions can result in considerable morbidity from congestive myelopathy secondary to chronic venous hypertension.^{1–6} Delay in the identification of spinal vascular malformations has been shown to result in high rates of irreversible morbidity due to the natural history of the disease, unnecessary surgeries including spinal cord biopsies and laminectomies, costly-yet-ineffective medical interventions including intravenous immunoglobulin therapy,

and substantial costs from unnecessary serologic and imaging investigations.⁷

Once the imaging findings suggestive of a spinal vascular malformation are properly identified, further investigations are required to characterize the angioarchitecture and location of the dominant arterial feeders to the lesion. This is important for planning surgical and/or endovascular therapies. In many centers, a spinal CT angiogram or time-resolved large-FOV MR angiogram is obtained to get a sense of the location of the arterial feeders so that spinal angiography can be focused on a few levels.^{8–11} This is important because a complete spinal angiography can be time-consuming and result in high radiation exposure for the patient and operator. A complete catheter spinal angiography also requires high volumes of iodinated contrast material, which can result in renal toxicity in some patients.

While noninvasive spinal angiography can be highly accurate in identifying the location of the fistula, it has limitations related to low spatial resolution (imaging typically requires a large FOV) and poor temporal resolution. While it was previously believed that conventional MR imaging findings of spi-

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FIG 1. A 63-year-old woman with a sacral dural arteriovenous fistula at S1. *A*, Sagittal T2-weighted MR imaging shows a dilated vein of the filum terminale (white arrow). *B*, Contrast-enhanced T1-weighted MR imaging again demonstrates the dilated vein of the filum terminale (white arrow). *C*, Rotational digital subtraction angiogram reformatted in the coronal plane following injection into the right internal iliac artery demonstrates a fistula at S1 (arrowhead), with a dilated vein of the filum terminale.

nal dural AVF such as the location of cord edema or the epicenter of the dilated perimedullary vessels cannot provide information about the location of the fistula,² there have recently been a few case reports and smaller case series suggesting an association between a dilated vein of the filum terminale (VFT) and a deep lumbar or sacral AVF.^{12,13} We thus performed a retrospective review of SDAVFs and SEDAVFs from 2 tertiary referral centers to test the hypothesis that a dilated VFT, identified as a curvilinear midline flow void on T2WI or a dilated contrast-enhancing vessel below the conus on T1-weighted postcontrast images, is an imaging marker for a lower lumbar (L3–L5) or sacral fistula.

MATERIALS AND METHODS

Patient Selection

Following institutional review board approval at 2 institutions, we retrospectively identified all patients with SDAVFs and SEDAVFs who underwent lumbar spinal MR imaging and conventional spinal angiography from 2005 to 2018. All patients had an angiographically confirmed SDAVF or SEDAVF. Children and patients who did not consent to the use of their charts for retrospective research were excluded. Patients with intramedullary, perimedullary, and metameric-type vascular malformations were excluded.

Imaging Review

Images were reviewed by 2 diagnostic and interventional neuro-radiologists. MR images were reviewed for the presence of a dilated VFT, which was defined as a curvilinear flow void coursing along the filum terminale on sagittal T2-weighted images and/or a curvilinear enhancing VFT coursing along the filum on contrast-enhanced T1-weighted images. The neuroradiologists were blinded to the level and type of fistula at the time of MR imaging interpretation. Following interpretation of the MR images, the 2 neuroradiologists reviewed the conventional spinal angiograms and identified the location of the arterial feeder to the spinal vascular malformation as well as the type of spinal vascular malformation (SEDAVF versus SDAVF).

Outcomes and Statistical Analysis

The primary outcomes of this study were sensitivity, specificity, negative predictive value, positive predictive value, and accuracy of the presence of an enlarged VFT on conventional lumbar spine MR imaging in identifying lower lumbar and sacral fistulas. Lower lumbar and sacral fistulas were defined as fistulas located at the L3–S5 levels—the levels of the filum terminale. All statistical values are reported with their associated 95% confidence intervals. A κ statistic measuring interobserver agreement for the presence of a VFT was calculated as well. All statistical analyses were performed using JMP13.0 (SAS Institute, Cary, North Carolina).

RESULTS

Patient Population and Baseline Characteristics

One hundred sixty-two patients were included in this study. Mean patient age was 64.4 ± 12.3 years; 78.4% (127/162) of patients were men. There were 119 SDAVFs and 43 SEDAVFs. Forty-three fistulas (26.5%) were deep lumbar or sacral, and 119 fistulas (73.4%) were upper lumbar or thoracic. Of the 43 deep lumbar or sacral fistulas, 20 fistulas were sacral fistulas and 23 were deep lumbar fistulas. All patients had noncontrast lumbar spine MRIs with T2-weighted imaging in the sagittal plane, and 102 patients (63%) had T1 contrast enhanced lumbar spine MR imaging in the sagittal plane.

Dilated Vein of the Filum Terminale and Fistula Location

Thirty-nine patients had a dilated VFT. Interobserver agreement for identifying the presence of a dilated VFT was excellent ($\kappa = 0.84$; 95% CI, 0.81–0.87). In all cases, a dilated VFT was present on both T2 and T1 contrast enhanced imaging.

The sensitivity of a dilated VFT in identifying a lower lumbar or sacral fistula was 86% (37/43; 95% CI, 72.1%–94.7%). The specificity of a dilated VFT in identifying a lower lumbar or sacral fistula was 98.3% (117/119; 95% CI, 94.1%–99.8%). The positive predictive value of a dilated VFT in identifying a lower lumbar or sacral fistula was 94.9% (37/39; 95% CI, 82.3%–98.7%). The negative predictive value of a dilated VFT in identifying a lower lumbar or sacral fistula was 95.1% (117/123; 95% CI, 90.3%–97.6%). The accuracy of a dilated VFT in identifying a lower lumbar or sacral fistula was 95.1% (154/162; 95% CI, 90.5%–97.8%). The area under the curve of a dilated VFT in identifying a lower lumbar or sacral fistula was 0.921. Ninety-five percent (19/20) of sacral SEDAVFs and SDAVFs had a dilated VFT, and 78.3% (18/23) of lower lumbar SEDAVFs and SDAVFs had a dilated VFT. Age, sex, and fistula type were not associated with the presence of a dilated VFT. Examples of dilated VFTs are provided in Figs 1–3.

DISCUSSION

Our large retrospective study found that the presence of a dilated VFT on conventional T2WI is a reliable indicator for the presence of a lower lumbar or sacral spinal vascular malformation. Sensi-

tivity, specificity, accuracy, negative predictive value, and positive predictive value were all high, and interobserver agreement was excellent. Ninety-five percent of sacral spinal vascular malformations were characterized by the presence of a dilated VFT, and >80% of lower lumbar spinal vascular malformations had a dilated VFT. These findings are important because the identification of a dilated VFT can help in focusing noninvasive angiographic imaging and conventional spinal angiography on the lumbosacral levels, thus allowing more efficient identification of arterial feeders to these lesions.

The vascular supply to the filum terminale has been well-described in both radiographic and cadaveric studies.^{14,15} The filum terminale has a single artery arising from the termination of the anterior spinal artery, which travels along the anterior aspect of the filum into the sacral canal. The vein of the filum terminale, which is continuous with the anterior spinal vein, travels in front of the filum but behind the artery and is of uniform caliber along its course. There are no veins along the dorsal aspect of the filum. Because the VFT is the only intradural venous structure below the L2 vertebral body level, it is the only longitudinal collecting vein below this level. Thus, all dural and epidural AVFs with intradural venous drainage must drain through the VFT.^{14,15} The VFT can drain in 2 directions: 1) descending to the sacral venous plexus and hypogastric vein, and 2) ascending toward the anterior spinal vein along the spinal cord. It is thought that the ascending route is generally the preferred route. The propensity for the VFT to drain superiorly could explain the propensity for deep lumbar and sacral fistulas to result in a dilated VFT and the low rate of more superiorly located fistulas presenting with dilated VFTs.^{14,15} A small number of patients with deep lumbar and sacral fistulas did not have a dilated VFT on MR imaging. Angiographically, these lesions drained into the VFT; however, the VFT was likely not engorged enough to be easily seen on MR imaging.

Prior studies and case reports have shown high rates of VFT enlargement in the setting of deep lumbar and sacral fistulas. One of the first case reports demonstrating such an association was published by Chen and Hsu in 2002.¹² The authors reported a sacral dural AVF, which presented with an enlarged VFT on

sagittal T2-weighted MR imaging. The presence of such a vein prompted the investigators to pursue pelvic angiography before thoracolumbar angiography, resulting in prompt identification of the fistulous point.¹² In a more recent series of sacral fistulas by Gioppo et al,¹⁶ the authors found that all 15 sacral fistulas had an enlarged VFT on MR imaging. Meanwhile, a recently published series of spinal vascular malformations at the L5 level or below found that 60% of fistulas had a dilated filum terminale vein, further reinforcing the association between a dilated VFT and the presence of a deep lumbar or sacral fistula.¹³ Our study differs from these prior studies because we are able to confirm that a dilated VFT identified using conventional



FIG 2. A 75-year-old man with a sacral dural arteriovenous fistula at S1. A, Sagittal T2-weighted MR imaging shows a dilated vein of the filum terminale (white arrow). B and C, Contrast-enhanced MRIs demonstrate marked dilation of the vein of the filum terminale (white arrow). D, Conventional angiogram in the anteroposterior plane following injection into the right internal iliac artery demonstrates a fistula at S1 with a dilated vein of the filum terminale (black arrow).

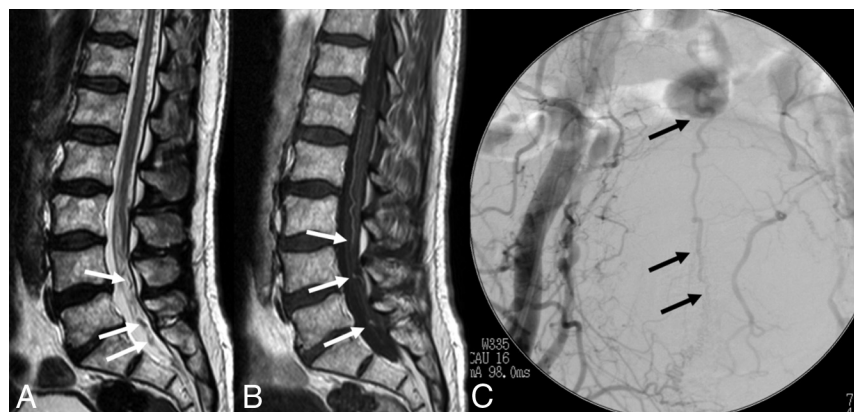


FIG 3. An 80-year-old man with a sacral dural arteriovenous fistula at S1. A, Sagittal T2-weighted MR imaging shows a dilated vein of the filum terminale (white arrows). B, Contrast-enhanced T1-weighted MR imaging again demonstrates the dilated vein of the filum terminale (white arrows). C, Conventional angiogram in the anteroposterior plane following injection into the right internal iliac artery demonstrates a fistula at S1 with a dilated vein of the filum terminale (black arrows).

MR imaging techniques is a sensitive and specific sign for localization of SDAVF/SEDAVFs to the lower lumbar or sacral spine in patients being evaluated for such lesions.

Numerous studies have demonstrated the utility of various MR and CT angiographic techniques in identifying the feeding artery and angioarchitecture of spinal vascular malformations.^{3,17-19} These techniques have proved instrumental in focusing spinal angiography to make conventional spinal angiography more efficient and reduce operative time, radiation exposure, and contrast dose. However, these techniques have their limitations. For gadolinium bolus spinal angiography, some centers lack the capability and scanner time to image the entire spine in patients with suspected spinal vascular malformations. Thus, such centers will often perform a gadolinium bolus MRA focused on the thoracic and upper lumbar spine and will miss deep lumbar and sacral fistulas on initial evaluation.²⁰ This can be mitigated by performing 2 gadolinium-bolus MRAs; however, it is preferable to avoid this situation. In the setting of noninvasive 4D MR imaging, there is often a trade-off among spatial, temporal, and contrast resolution.²⁰ Thus, the ability to narrow the FOV to a smaller region in the setting of a dilated VFT could allow improved noninvasive characterization of spinal vascular malformations.²⁰ Our study suggests that when a dilated VFT is identified, radiologists should focus their noninvasive angiographic investigations in the lumbosacral region, including branches of the iliac arteries. We have found that lack of adequate angiographic investigation of the iliac branches is one of the most common reasons for missing spinal vascular malformations on false-negative spinal angiographic studies.⁷

Limitations

Our study has limitations. First, given its retrospective nature, there is a propensity for selection bias. We included only patients with SDAVFs and SEDAVFs; thus, our results do not apply to fistulas of the filum terminale, pial AVFs, and nidus-type AVMs. A fistula of the filum terminale will, by definition, have a dilated VFT.²¹ Thus, there is the potential for an overreliance on this sign to cause clinicians to miss such a lesion. However, these lesions are also characterized by a markedly enlarged anterior spinal artery. The patients included in this study were imaged during a 13-year period using various MR imaging scanners, MR imaging protocols, and various field strengths (1.5T versus 3T). This feature can limit the generalizability of our results.

CONCLUSIONS

Our retrospective study including >160 patients with SDAVFs and SEDAVFs and lumbar spine imaging found that the presence of a dilated VFT is sensitive and specific for localization of SEDAVF/SDAVFs to the lower lumbar or sacral spine in patients being evaluated for such lesions. Our findings suggest that the presence of an enlarged VFT should prompt the neuroangiographer to initially catheterize the lower lumbar and internal iliac vessels when attempting to identify the location and arterial feeders of a SEDAVF/SDAVF. Our results are also valuable in planning noninvasive spinal angiography by allowing imagers to narrow their FOVs or center on the lumbosacral region.

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