Physical Functioning – Short Form 1

Please respond to each item by marking one box per row.

		Not at all	Very little	Somewhat	Quite a lot	Cannot do
PFA01	Does your health now limit you in doing vigorous activities, such as running, lifting heavy objects, participating in strenuous sports?	5	4	3	2	1
PFC36	Does your health now limit you in walking more than a mile?	5	4	3	2	1
PFC37	Does your health now limit you in climbing one flight of stairs?	5	4	3	2	
PFA05	Does your health now limit you in lifting or carrying groceries?	5	4	3	2	1
PFA03	Does your health now limit you in bending, kneeling, or stooping?	5	4	3	2	1
		Without any difficulty	With a little difficulty	With some difficulty	With much difficulty	Unable to do
PFA11	Are you able to do chores such as vacuuming or yard work?	5	4	3	2	1
PFA16		_	-	_	_	
	Are you able to dress yourself, including tying shoelaces and doing buttons?	5	4	3	2	1
PFB26			4	_		1
PFB26	shoelaces and doing buttons?	5		3 	<u>2</u>	

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Pain Impact – Short Form 1

Please respond to each item by marking one box per row.

In the past 7 days...

		Not at all	A little bit	Somewhat	Quite a bit	Very much
PAININ3	How much did pain interfere with your enjoyment of life?	1	2	3	4	5
PAININ8	How much did pain interfere with your ability to concentrate?	1	2	3	4	5
PAININ9	How much did pain interfere with your day to day activities?		2	3	4	5
PAININ10	How much did pain interfere with your enjoyment of recreational activities?	I	2	3	4	5
PAININ14	How much did pain interfere with doing your tasks away from home (e.g., getting groceries, running errands)?	I I	2	3	4	5
		Never	Rarely	Sometimes	Often	Always
PAININ26	How often did pain keep you from socializing with others?	1	2	3	4	5

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Pain Behavior - Short Form 1

Please respond to each item by marking one box per row.

	in the past 7 days	Had no Pain	Never	Rarely	Sometimes	Often	Always
PAINBE2	When I was in pain I became irritable	1	2	3	4	5	6
PAINBE3	When I was in pain I grimaced	1	2	3	4	5	6
PAINBE8	When I was in pain I moved extremely slowly	1	2	3	4	5	6
PAINBE24	When I was in pain I moved stiffly	1	2	3	4	5	6
PAINBE25	When I was in pain I called out for someone to help me	1	2	3	4	5	6
	When I was in pain I isolated myself	П		П	П		П
PAINBE37	from others	1	2	3	4	5	6
PAINBE45	When I was in pain I thrashed	1	2	3	4	5	6

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