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Pressing Issues in COVID-19: Probable Cause to Seize SARS-CoV-2 for Its Preferential Involvement of Posterior Circulation Manifesting as Severe Posterior Reversible Encephalopathy Syndrome and Posterior Strokes

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ABSTRACT

SUMMARY: Since December 2019, a novel Severe Acute Respiratory Syndrome coronavirus 2 from China has rapidly spread worldwide. Although respiratory involvement is the mainstay of coronavirus disease 2019 (COVID-19), systemic involvement has recently drawn more attention. In particular, a number of recent articles have shed light on the nervous system as one of the possible targets. At our institution, we observed 15 patients with acute brain vascular manifestations; most interesting, we had a higher prevalence of the posterior circulation acute impairment. In our series, 7 patients had acute posterior cerebral injury: 1, hemorrhagic posterior reversible encephalopathy syndrome; 5, posterior circulation ischemic stroke; and 1, parieto-occipital hemorrhagic stroke. On the basis of our evidence and previous basic science reports, we believe a common etiopathogenetic thread may connect ischemic/hemorrhagic events of the posterior circulation and posterior reversible encephalopathy syndrome in the setting of COVID-19.

ABBREVIATIONS: COVID-19 = coronavirus disease 2019; PRES = posterior reversible encephalopathy syndrome; SARS-CoV-2 = Severe Acute Respiratory Syndrome coronavirus 2

Last December, the first cases of a novel viral coronavirus disease 2019 (COVID-19) caused by the Severe Acute Respiratory Syndrome coronavirus 2 (SARS-CoV-2) were identified in China. Since then, the virus has spread so quickly worldwide that the World Health Organization declared COVID-19 a pandemic on March 11, 2020.¹ Italy first faced the largest outbreak besides Asia, with Lombardy outnumbering all other regions in Italy in terms of COVID-19 infections and deaths. As of May 21, >5 million SARS-CoV-2 infections have been confirmed worldwide, with the highest number of cases (>1.5 million) and deaths (almost 100,000) registered in the United States.² From the beginning of this medical emergency, our hospital has admitted >1100 patients who tested positive for SARS-CoV-2.³ Although it is well-known that SARS-CoV-2 has a

preferential pulmonary and gastrointestinal tropism, current evidence points to multiorgan involvement. A growing number of studies have reported SARS-CoV-2 involvement of the CNS, showing a wide variety of neurologic symptoms.⁴ According to a Chinese study, the incidence of neurologic symptoms was about 36% in a cohort of patients with COVID-19.⁵

Case Series

From February 21 to the submission of this article, we collected patients positive for SARS-CoV-2 presenting with neurologic impairment who underwent CT and CTA and/or MR imaging (On-line Table). Demographic, clinical, and anamnestic data (age, sex, and clinical data) were obtained from clinical records. All imaging examinations were separately reviewed by 3 board-certified Neuroradiologists (F.D., A.V.T., A.G., with, respectively, 7, 6, and 10 years of experience in neuroimaging).

A total of 27 patients satisfied the inclusion criteria. Among these, 15 (7 men, 8 women; mean age, 68 years; range, 21–88 years) had acute imaging findings (On-line Table), of whom, 7 patients had acute posterior circulation ischemic-hemorrhagic events. The remainder showed miscellaneous findings: 1 case with supratentorial posttraumatic SAH, 2 cases with spontaneous acute or chronic convexities subdural hemorrhage, 1 posttraumatic, 2 with spontaneous intraparenchymal supratentorial hemorrhage (with negative findings on CTA), 1 with multicompartmental

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From the Departments of Neuroradiology (F.D., A.V.T., F.A.V., A.G.) and Neurology and Stroke Unit (L.P.C., M.M.), Hospital of Circolo and Macchi Foundation, Varese, Lombardia, Italy; Departments of Radiology (G.V.) and Neurosurgery (E.A.), University of Insubria, Hospital of Circolo and Macchi Foundation, Varese, Lombardia, Italy; and Clinical and Experimental Medical Humanities (L.P.C.), Center of Research in Medical Pharmacology, University of Insubria, Varese, Italy.

Please address correspondence to Gabriele Vinacci, MD, University of Insubria, Department of Radiology, Hospital of Circolo and Macchi Foundation, Viale Luigi Borri, 57, Varese, 21100, Italy; e-mail: gabriele_vinacci@libero.it

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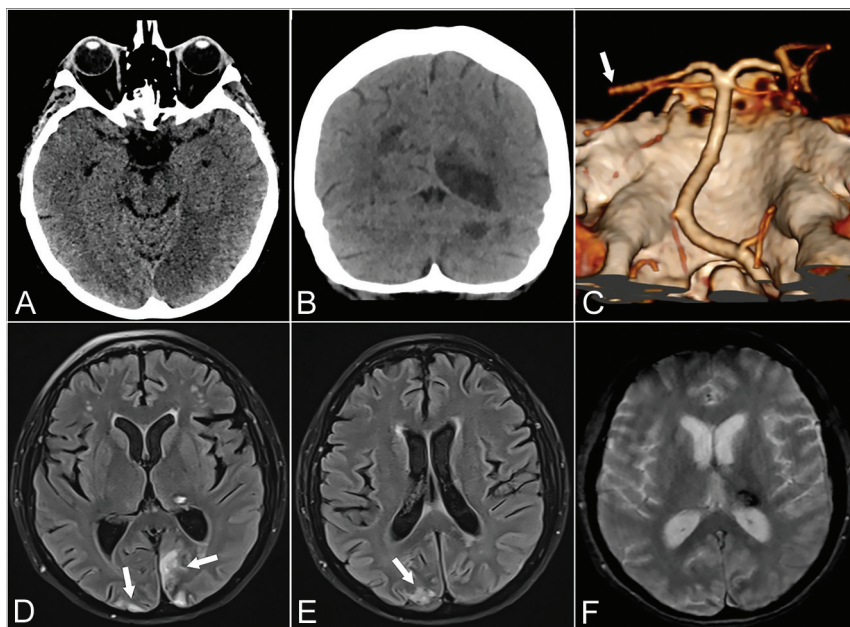


FIG 1. Patient 1. A 57-year-old woman with psychomotor retardation, left gaze deviation, and right superior and inferior limb paresis. Axial CT at baseline shows medial occipital loss of gray-white differentiation consistent with acute ischemia (A). Ten days later, coronal CT shows additional well-defined left cerebellar and right parieto-occipital hypoattenuating areas in keeping with subacute ischemia (B). Left distal posterior cerebral artery occlusion on CTA VR (Volume Rendering) reformats from the same day (white arrow, C). Axial T2 FLAIR (D and E) and axial T2* gradient recalled-echo (F) 6 weeks later show focal left thalamic signal drop-out, consistent with hemorrhage. Early chronic ischemic changes are also noted in the parieto-occipital lobes (white arrows, D and E).

bleeding of unknown etiology, and 1 patient who developed clinical and imaging findings in keeping with encephalitis. CT did not show any acute findings in 12 cases. In all patients with a baseline brain CT scan positive for acute changes, 6 underwent CTA, and MR imaging was available in 4 cases; all had CT follow-up, except those who died.

The subgroup of posterior circulation acute events comprised 7 patients (3 men, 4 women; mean age, 72 years, range, 57–88 years) representing 47% (7/15) of the total positive cases (On-line Table). In 5 patients, acute ischemic changes were found (Fig 1), of which 2 cases evolved into hemorrhagic transformation. One patient showed right parieto-occipital hemorrhagic stroke at baseline; subsequent CTA ruled out vascular malformations or acute thrombosis. In the other patient, imaging at baseline revealed extensive bilateral subcortical edema with multifocal hemorrhages, predominantly in the occipital lobes. Follow-up imaging showed progressive resorption of edema and hemorrhages, in keeping with posterior reversible encephalopathy syndrome (PRES) (Fig 2).

DISCUSSION

Our series shows a high prevalence of posterior circulation vascular events, not directly referable to a secondary cause as opposed to the heterogeneous etiology in the remaining cases. We speculate that SARS-CoV-2 may have played a role leading to acute brain injury, with a preferential involvement of the posterior

circulation, which may be more susceptible to the SARS-CoV-2 infection effects.

Although SARS-CoV-2 targets primarily the lung parenchyma, earlier evidence in the literature highlighted its neurotrophic and neuroinvasive tendencies.⁶ SARS-CoV-2 invades the CNS through different pathways, from peripheral nerves, especially via the olfactory nerves, through the bloodstream by infecting endothelial cells and altering the BBB, by lymphatic pathways, and, last, by the disruption of the gastrointestinal environment, which may indirectly alter BBB integrity.⁷ SARS-CoV-2 can interact with host cells through the angiotensin-converting enzyme 2 cell membrane receptor expressed in a wide variety of cells such as airway epithelia, lung parenchyma, kidney cells, small intestine cells, as well as neurons and vascular endothelia.⁶ Once it binds to neuronal angiotensin-converting enzyme 2 receptors, it is able to activate a self-reinforcing inflammatory response through a cytokine storm, which ultimately results in irreversible neuronal damage.⁸ Angiotensin-converting enzyme 2 receptors are expressed in cerebral endothelial cells that take part in hormone formation, the sympathoadrenal system, and vascular autoregulation.⁹ Endothelial disruption as a consequence of endotheliitis induced by SARS-CoV-2 can contribute to the pathophysiology of brain damage.⁶ Infective lymphocytic endotheliitis has been proved by postmortem analysis.¹⁰ The neuroinvasive potential is also supported by clinical experience as reported by several recent studies. For example, a Chinese study⁵ reported various manifestations of CNS involvement in 53 patients with COVID-19 in a sample of 214 patients. In another study, SARS-CoV-2 was found in the CSF in a patient diagnosed with encephalitis, therefore confirming its direct CNS invasion.¹¹ Other studies have also highlighted imaging features of COVID-19 brain involvement.^{12–15}

As recently described, ischemic stroke is a known complication in patients with COVID-19. In our series, we found 5 ischemic strokes of the posterior circulation in line with other studies. Mao et al⁵ described 4 cases of acute stroke, while others described the onset of acute ischemic stroke in 5 younger patients.¹⁵ Beyrouti et al¹² described 6 cases of acute stroke, 4 of which were posterior strokes. Goldberg and Goldberg¹⁶ recently showed a case of ischemic stroke with occlusion of the MCA and bilateral anterior cerebral arteries.

Ischemic stroke could be related both to the endotheliitis process¹⁰ and hypercoagulability status, which can evolve to embolism.¹⁷ Endothelium inflammation may shift vascular equilibrium toward vasoconstriction, leading to ischemia.¹⁸ We

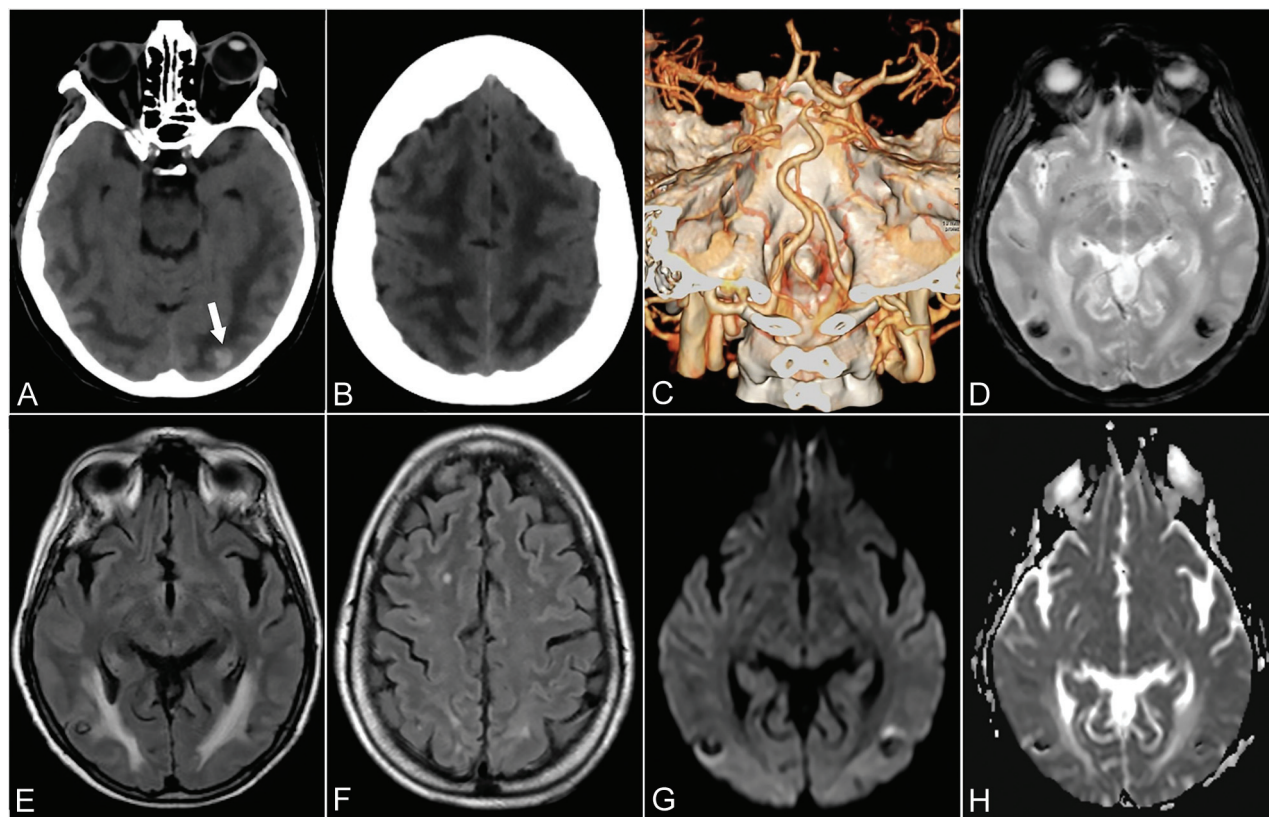


FIG 2. Patient 6. A 64-year-old woman presenting with drowsiness and reduction in visual acuity. Baseline axial CT shows ill-defined, bilateral hemispheric, white matter hypoattenuation, sparing the adjacent cortex, tapering off in the polar aspect of the frontal lobes, consistent with vasogenic edema (A and B). A small hyperattenuating lesion is noted in the left occipital lobe, suggestive of focal bleeding (arrow, A). CTA VR reformatted imaging was unremarkable in appearance (C). Three weeks later axial T2* gradient recalled-echo (D), axial T2 FLAIR (E and F), DWI (G), and an ADC map (H) demonstrate a partial resorption of edema and the presence of bilateral focal predominantly hypointense lesions (E) characterized by blooming (D) and signal blackout (G and H) in keeping with focal hemorrhage.

also reported 1 parieto-occipital hemorrhage, 1 case of complicated hemorrhagic PRES, and the hemorrhagic transformation of 2 ischemic strokes. Intracranial hemorrhage in patients with COVID-19 has already been reported.^{5,19} In our series, we also noted 4 hemorrhagic strokes involving the anterior circulation.

One patient in our cohort presented with clinical and imaging features of a severe form of PRES. A recent case report has shown 2 cases of hemorrhagic PRES.²⁰ Our patient presented with extensive edema on a baseline CT scan with the presence of hemorrhagic lesions which is a severe and rare manifestation of PRES (Fig 2).²¹ PRES is a multifactorial clinical-radiologic entity characterized by reversible subcortical vasogenic edema. Although not completely elucidated, several pathogenetic theories entailing rapid increase of arterial blood pressure beyond the autoregulatory potential, the release of vasoconstrictors, and endogenous or exogenous stimulants in addition to T-cell-derived cytokine release converge to an abnormal activation and consequent disruption of endothelial cell homeostasis.^{22,23} Moreover, infective agents promote polymorphonuclear leukocyte activation and lead to additional release of mediators, resulting in increased vessel permeability, which leads to the development of interstitial edema.²³ Most interesting, the well-known frequent association of PRES with posterior circulation

involvement has been ascribed to its lack of sympathetic innervation in contrast to the anterior circulation.^{22,24} We ruled out other potential PRES mimickers, such as hypoxic-ischemic encephalopathy, meningoencephalitis, and acute toxic leukoencephalopathy in light of clinical and laboratory data and imaging follow-up. The improvement of pneumonia and laboratory parameters as well as the negative results on subsequent nasopharyngeal swabs paralleled by neurologic symptom resolution may strengthen the hypothesis of SARS-CoV-2 as a primary causative agent. Therefore, endothelial dysfunction, possibly at the capillary level, set off by SARS-CoV-2 infection, may be the etiopathogenesis of PRES.

In our cohort, we found that the posterior circulation was the most common primary site of acute vascular injury. The endothelial disruption related to SARS-CoV-2 could be a common feature acting as a promoting and synergistic agent underlying the preferential involvement of the posterior circulation, presumably due to its intrinsic hemodynamic weakness compared with the anterior circulation. Further studies with larger sample sizes are needed to support our hypothesis.

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